

Ray W. Hopkins Mauldin Senior Center



203 Corn Road, Greenville, SC 29607 • 864-234-3488 • Mailing Address: P.O. Box 249,
Mauldin, SC 29662

www.mauldinseniorcenter.com

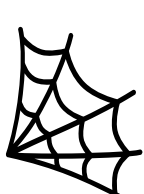
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Center Hours
Monday - Friday
8:00 AM to 4:00 PM



Upcoming Events:

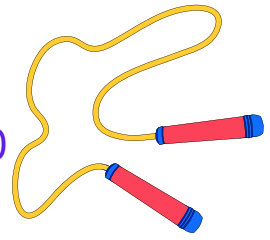
- Oktoberfest Luncheon will be on **Friday, October 16th @ 11:00am!** Pay \$5 & sign up @ front desk by **October 9th!**
- Field Trip to Table Rock Tea Farm & lunch @ Aunt Sue's on **Friday, October 23rd!** Pay \$5 and sign up @ front desk by **October 16th!**
- Halloween BINGO & Costume Contest will be on **Friday, October 30th @ 12:30pm!**

 **HAPPY** 
HALLOWEEN



REGULARLY SCHEDULED ACTIVITIES

- **Art Group:** Mondays @ 10-12
- **Bible Study:** Thursdays @ 10:30-Noon
- **Bingo:** Fridays @ 12:30, **Birthday Bingo:** First Friday @ 12:30
- **Bridge:** Mondays & Fridays @ 11:15
- **Canasta:** Mondays @ 9:00
- **Cardio:** Mondays, Wednesdays, & Fridays @ 9:00
- **Cribbage:** Mondays & Fridays @ 9:30
- **Cornhole:** Mondays & Wednesdays @ 10:00 | Ladies-Mondays @ 10:00
- **Crochet/Knitting:** Mondays @ 12:30
- **Dominoes:** Mondays, Tuesdays & Fridays @ 12:00
- **Euchre:** Tuesdays @ 1:30
- **Hand, Foot, & Elbow:** Monday & Wednesdays @ 10:00
- **Hooks, Needles & Yarn:** 3rd Thursdays @ 1:00
- **Jam Time:** Tuesdays & Thursdays @ 10-Noon
- **Knitting:** 2nd & 4th Wednesdays @ 1:00
- **Line Dancing:**
 - * **Intro to Line Dancing:** Mondays @ 1:30
 - * **Beginner Line Dancing:** Mondays @ 2:40
 - * **High Beginner Line Dancing:** Tuesdays @ 1:00
 - * **Improver Line Dancing:** Tuesdays @ 2:15
- **Mah Jongg:** Tuesdays @ 10:00 & 12:30-3:30, Wednesdays @ 9:00
- **Phase 10:** Mondays & Fridays @ 10:00
- **Photography Class:** Every other Tuesday @ 10:00
- **Pickleball:** Wednesdays @ 1:30, Thursdays @ 1:00, Fridays @ 10:30
 - * **Beginner Pickleball:** Wednesdays 1:30-2:30, Thursdays 1-2:00, Fridays 2-3:45
- **Pinochle:** Mondays @ 12:00
- **Poker:** Wednesdays @ 11:30
- **Rummikub:** Mondays @ 12-2:00
- **T'ai Chi Chih:** Tuesdays & Thursdays @ 9:30
- **Walk it Out:** Tuesdays & Thursdays @ 10:30
- **Women's Book Club:** 2nd Thursdays @ 1:00
- **Yoga:** Mondays @ 12:15, Tuesdays @ 11:30, Thursdays @ 11:30
 - * **Chair Yoga:** Wednesdays @ 12:15





FITNESS SCHEDULE



OCT 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Center Hours: Mon-Fri 8am-4pm Fitness Center, Gym, & Game Room closes @ 3:45pm			1 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	2 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
5 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Beginner L.D.	6 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - High Beginner L.D. 2:15 - Improver L.D.	7 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	8 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	9 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
12 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Beginner L.D.	13 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - High Beginner L.D. 2:15 - Improver L.D.	14 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	15 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	16 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
19 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Beginner L.D.	20 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - High Beginner L.D. 2:15 - Improver L.D.	21 9:00 - Cardio 10:00 - Cornhole 12:15 - NO Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	22 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	23 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
26 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Beginner L.D.	27 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - High Beginner L.D. 2:15 - Improver L.D.	28 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	29 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	30 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)



ACTIVITY SCHEDULE



OCT 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Center Hours: Mon-Fri 8am-4pm Fitness Center, Gym, & Game Room closes @ 3:45pm			1 10:00 - Jam Time 10:30 - Bible Study	2 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - Birthday Bingo!!
5 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Food & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	6 10:00 - Mah Jongg 10:00 - Jam Time 11:00 - Dorothy's Holiday Craft Therapy! Sign up at the front desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	7 9:00 - Mah Jongg 10:00 - Hand, Foot, & Elbow 11:30 - Poker	8 10:00 - Jam Time 10:30 - Bible Study 1:00 - Women's Book Club 1:00 - Men's Book Club	9 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - Bingo!!
12 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Food & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	13 10:00 - Mah Jongg 10:00 - Jam Time 10:00 - Photography Class. Sign up at front desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	14 9:00 - Mah Jongg 10:00 - Hand, Foot, & Elbow 10:00 - Balance/Fall Prevention Exercise Demo by Pelham Medical Center. Sign up at front desk. 11:30 - Poker 1:00 - Knitting	15 10:00 - Jam Time 10:30 - Bible Study 1:00 - Financial Education Partnership Program "Wills and Trusts". Sign up at front desk. 1:00 - Cards for Kindness (Halloween) 1:00 - Hooks, Needles, & Yarn	16 9:30 - Cribbage 10:00 - Phase 10 11:00 - Oktoberfest Luncheon 11:15 - Bridge 12:00 - Dominoes 12:30 - Bingo!!
19 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Food & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:00 - Pumpkin Painting. 10 sign-ups max 12:30 - Crochet/Knitting	20 10:00 - Mah Jongg 10:00 - Jam Time 11:00 - Dorothy's Holiday Craft Therapy! Sign up at the front desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	21 9:00 - Mah Jongg 10:00 - Hand, Foot, & Elbow 10:30 - Medication Brown Bag Event by Mauldin Fire Dept. 11:30 - Poker	22 10:00 - Jam Time 10:30 - Bible Study 1:00 - Create for Children 1:30 - DIY Ice Cream Cookie Class by EHC	23 8:30 - Table Rock Tea Farm Field Trip & Lunch 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - NO Bingo!!
26 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Food & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	27 10:00 - Mah Jongg 10:00 - Jam Time 10:00 - Photography Class. Sign up at front desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	28 9:00 - Mah Jongg 10:00 - Hand, Foot, & Elbow 11:30 - Poker 1:00 - Knitting 1:00 - Movie Day "Practical Magic". Sign up at front desk or phone.	29 10:00 - Jam Time 10:30 - Bible Study	30 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - HALLOWEEN BINGO & Costume Contest!!

LINE DANCING CLASS

updates



A new Intro to Line Dancing class will start on
Monday, October 5th at 1:30PM.

New members may enroll until **October 12th.**

No new students will be accepted after that date.

You may email Pam Frey, the instructor, at
nanafrey05@gmail.com to sign up.

**This is not a drop-in class. Each class builds
on the instruction from the week before.**

Class Schedule

Monday Class Times:

1:30 - Intro to Line Dancing

2:40 - Beginner Line Dancing

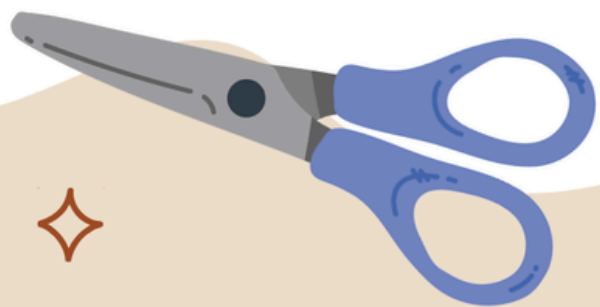
Tuesday Class Times:

1:00 - High Beginner Line Dancing

2:15 - Improver Line Dancing

DOROTHY'S HOLIDAY CRAFT THERAPY

Making seasonal crafts with recycled materials to strengthen & maintain fine motor skills!



1ST & 3RD
TUESDAYS
FROM OCT-DEC

11:00 AM – 12:00 PM

Activities Include:

- A basic box that can be used for a number of things
- Fall & Christmas themed bookmarks
- Seasonal flowers, leaves, pumpkins, snowflakes, etc.
- Christmas ornaments, trees, poinsettias, cards, etc.

What You Need to Bring:

- Nothing! Dorothy will be providing most of the materials, but if you would like to donate any items, that would be great!
- An 18 inch ruler if you have one, paper, cardboard, magazines are TERRIFIC, paper bags, yarn, tissue boxes, cereal boxes, toilet paper & paper towel rolls, etc.





Join us for Brats, Pretzels, Spaetzle
& more as we celebrate

OKTOBERFEST

 **OCT 16** **11AM** 

ALL FOR \$5
Sign up and pay at the front
desk by October 9



Raise your non alcohol stein,
wear your lederhosen, and
celebrate with us!



MEDICATION BROWN BAG EVENT

Join the Mauldin Fire Department at the Ray W. Hopkins Senior Center for the Medication Brown Bag Event on October 21 where a medical provider can review your medications with you..

What is a brown bag event?

A medication brown bag event allows for individuals to have their medications reviewed by a physician or a pharmacist.

The medical provider is able to look at all medicines that you are taking and see if there are any interactions or counteractions between medications.

Be sure to join us to ensure your medications are safely managed!



October 21st



10:30 am – 12:30 pm



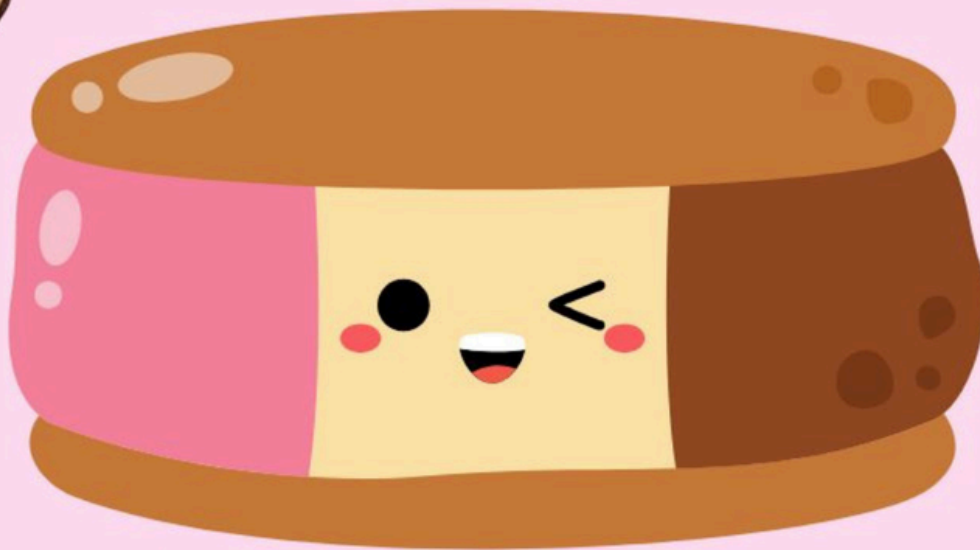
**Mauldin Senior Center
203 Corn Rd.
Mauldin, SC 29662**

**Sign up at the
Front Desk or
phone @ 864-
234-3488.**



Mauldin
FIRE & RESCUE

DIY Ice Cream Sandwich Class



When : Thursday
10/22 at 1:30pm

Where: Ray W. Hopkins
Mauldin Senior Center



*Trip to
Table Rock Tea Co.
followed by lunch @
Aunt Sue's Country Corner*

TABLE ROCK TEA CO.

- 1 hour tour
- Learn how tea is cultivated, harvested & produced here

AUNT SUE'S

- Burgers, sandwiches
- Ice Cream
- Gift Shop

WHEN:

- Friday, October 23
- Meet at Senior Center @ 8:15 AM
- Bus will be leaving @ 8:30 AM

**Sign up & pay \$5 at front desk
by Oct 16th!**





HALLOWEEN Movie Day



PG-13 1 HR 43 MINS
FANTASY ROMANTIC
COMEDY-DRAMA FILM
STARRING SANDRA
BULLOCK AND NICOLE
KIDMAN AS TWO WITCH
SISTERS BOUND BY A
FAMILY CURSE.



OCTOBER 28 | 1:00 PM
MULTIPURPOSE ROOM



Free popcorn, candy & drinks!
Spooky decorations!
Classic Halloween movie!

Bring your friends, wear your costume if you like, and get ready for a frightfully fun time!



YOU'RE INVITED TO

HALLOWEEN

BINGO

& COSTUME
CONTEST



DRINKS, SNACKS, &
PRIZES!!

30 OCT

STARTS AT 12:30PM

COSTUME CONTEST
DURING BREAK



Cards for Kindness

Thursday, October 15th @ 1:00pm

Cards for Kindness will be making Halloween cards and will be given to children at Prisma Health including the Children's Cancer Center. If you wish to purchase card stock, printed paper, or embellishments at Hobby Lobby, Michaels or Scrapbook.com, please contact Donna Konrad at rockwell78@verizon.net.

Your thoughtfulness and kindness are truly welcomed in creating all these incredible cards for others in our community!



Create for Children



Thursday, October 22nd @ 1:00pm

The program is designed to make small stuffed animals like dogs, cats, frogs and dinosaurs for the children at Prisma Health including the Children's Cancer Center.

We have kits available with different animals to cut & sew for you to pick up, work on at your leisure, then return to the Senior Center!



Bible Study

Thursday mornings: 10:30am – 12:00pm

Join us as we study God's word together.

Any questions can be directed to:

Sallie Meyer @ 717-813-8002.





Messiah Lutheran Food Pantry

Messiah Food Pantry, a ministry of the church,
is fully staffed by volunteers in partnership with
Harvest Hope Food Bank.

Messiah Food Pantry provides pantry staples and USDA
subsidies to clients in southern Greenville County.

IN NEED OF CANNED FOODS, SOUPS, PEANUT BUTTER, PASTAS & SAUCES.

A donation bin is located downstairs at the Senior Center.

Upstate Backpack Blessings

Upstate Backpack Blessings is a volunteer-based, donation-
driven organization that provides bags of food to 300+ students
each week in 16 area elementary, middle and high schools.

**IN NEED OF INDIVIDUAL CEREALS, PEANUT BUTTER, & APPLESAUCE
OR FRUIT CUPS.**



**A donation bin is located downstairs at the Senior
Center**

The Period Project

Help homeless and school aged individuals have the
basic necessities they need.

Product Donation Needs:

Day Pads

Overnight Pads

Panty Liners

Feminine Wipes

Tampons



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.

If you have any of the below benefits on your insurance plan, let us know. We both benefit! You can earn rewards from your insurance and we get money to help subsidize our classes.

Don't forget to sign in on the sign in sheets , located on the downstairs entrance table, when you participate in a class.



FOLLOW US ON FACEBOOK:
RAY W. HOPKINS MAULDIN SENIOR CENTER