

Ray W. Hopkins Mauldin Senior Center



203 Corn Road, Greenville, SC 29607 • 864-234-3488 • Mailing Address: P.O. Box 249, Mauldin, SC 29662

www.mauldinseniorcenter.com

Follow us on Facebook @ Ray W. Hopkins Mauldin Senior Center

Center Hours

Monday – Friday
8:00 AM to 4:00 PM

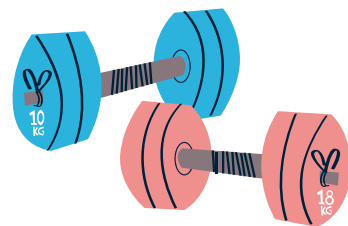
Upcoming Events:

- **Mystery Lunch Trip** on **Aug 19th** @ **11:00am**. Meet at Senior Center @ **10:15am**.
- **Titanic: The Musical Trip** on **Thursday 9/24**. Meet at Senior Center @ **5:45pm**. **\$39 per person**.
- **Clean Eat'z Info Table** on **Aug 5th** @ **1:00pm**.
- **Voting** on **8/11 & 8/25**. Game Room **CLOSED 8/10-8/12 & 8/24-8/26**. Senior activities **UPSTAIRS**.



REGULARLY SCHEDULED ACTIVITIES

- Art Group: Mondays, 10-Noon
- Bible Study: Thursdays, 10:30-Noon
- Bingo: Fridays @ 12:30
- Bridge: Mondays & Fridays @ 11:15
- Canasta: Mondays @ 9:00
- Cardio: Mondays, Wednesdays, & Fridays @ 9:00
- Cribbage: Mondays & Fridays @ 9:30
- Cornhole: Mondays & Wednesdays @ 10:00
 - Ladies - Mondays @ 10:00
- Crochet/Knitting: Mondays @ 12:30
- Dominoes: Mondays, Tuesdays, & Fridays @ 12:00
- Euchre: Tuesdays @ 1:30pm
- Hand, Foot, & Elbow: Monday & Wednesdays @ 10:00
- Hooks, Needles & Yarn: 3rd Thursday @ 1:00
- Jam Time: Tuesdays & Thursdays, 10-Noon
- Knitting: 2nd & 4th Wednesdays @ 1:00
- Line Dancing:
 - Intro to Line Dancing: Mondays @ 1:30
 - Low Beginner Line Dancing: Mondays @ 2:40
 - Improver 1 Line Dancing: Tuesdays @ 1:00
 - Improver 2 Line Dancing: Tuesdays @ 2:15
- Mah Jongg: Tuesdays @ 10:00, Tuesdays @ 12:30 – 3:30, Wednesdays @ 9:00
- Phase 10: Mondays & Fridays @ 10:00
- Photography Class: Every Other Tuesday @ 10:00
- Pickleball: Wednesdays @ 1:30, Thursdays @ 1:00, Fridays @ 10:30
 - Beginner Pickleball: Wednesdays 1:30-2:30, Thursdays 1-2:00, Fridays 2-3:45 (Court Next to Stage)
- Pinochle: Mondays @ 12:00
- Poker: Wednesdays @ 11:30
- Rummikub: Mondays, 12-2:00
- Tai Chi Chih: Tuesdays & Thursdays @ 9:30
- Walk it Out: Tuesdays & Thursdays @ 10:30
- Yoga: Mondays @ 12:15, Tuesdays @ 11:30, Thursdays @ 11:30
 - Chair Yoga: Wednesdays @ 12:15




FITNESS SCHEDULE


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D.	4 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - NO Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	5 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	6 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	7 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
10 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D.	11 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	12 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	13 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - NO Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	14 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
17 9:00 - Cardio 10:00 - Cornhole 12:15 - NO Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D.	18 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - NO Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	19 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	20 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	21 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
24 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D.	25 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	26 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - NO Pickleball 1:30-2:30 - NO Beginner Pickleball (Court next to stage)	27 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	28 9:00 - Cardio 10:30 - Pickleball 2:00-3:45 - Beginner Pickleball (Court next to stage)
31 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D.				



ACTIVITY SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	4 10:00 - Mah Jongg 10:00 - Photography Class. Sign up at front desk or phone. 10:00-12:00 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	5 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Clean EatZ Info Table (Downstairs).	6 10:00-12:00 - Jam Time 10:30 - Bible Study	7 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BIRTHDAY BINGO!!
10 ALL ACTIVITIES UPSTAIRS 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	11 ALL ACTIVITIES UPSTAIRS 10:00 - Mah Jongg 10:00-12:00 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	12 ALL ACTIVITIES UPSTAIRS 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Knitting 1:30 - Senior Center Staff Trivia	13 10:00-12:00 - Jam Time 10:30 - Bible Study Potluck 1:00 - Women's Book Club 1:00 - Men's Non-Fiction Book Club 1:00 - "Elder Care Strategies". Sign up at Front Desk or phone.	14 9:30 - Cribbage 10:00 - Phase 10 10:00 - "Senior Scams & Protecting Your Identity". Sign up at Front Desk or phone. 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!!
17 9:00 - Canasta 9:00-12:00 - RAD Women's Self-Defense Class by Mauldin PD. Sign up at Front Desk or phone. 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	18 10:00 - Mah Jongg 10:00 - Photography Class. Sign up at Front Desk or phone. 10:00-12:00 - Jam Time 12:00 - Tailgate Social by Overture Greenville. Sign up at Front Desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	19 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 10:15 - Mystery Lunch Trip 11:30 - Poker 1:00 - Senior Self Care by Maria Cruz. Sign up at front desk or phone.	20 10:00-12:00 - Jam Time 10:30 - Bible Study 1:00 - Hooks, Needles & Yarn 1:00 - Cards for Kindness (First Responders Cards)	21 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!!
24 ALL ACTIVITIES UPSTAIRS 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	25 ALL ACTIVITIES UPSTAIRS 10:00 - Mah Jongg 10:00-12:00 - Jam Time 10:00-2:00 - Hearing Screenings by UHAC. Sign up at Front Desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	26 ALL ACTIVITIES UPSTAIRS 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Knitting 2:15 - Rhapsody Praise Concert in Gymnasium	27 10:00-12:00 - Jam Time 10:30 - Bible Study 1:00 - Create for Children 1:30 - Movie Day "Thelma". Sign up at Front Desk or phone.	28 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!!
31 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting				

YOU'RE INVITED TO A



MYSTERY LUNCH

WEDNESDAY, AUGUST 19TH

MEET AT SENIOR CENTER @ 10:15AM



ENJOY A FUN OUTING TO A
SURPRISE LOCATION FOR LUNCH!
THE MYSTERY DESTINATION ADDS
EXCITEMENT WHILE PROVIDING
GREAT FOOD & FELLOWSHIP WITH
FRIENDS!!



Sign up at the Front Desk or phone
by Wednesday, August 12th.

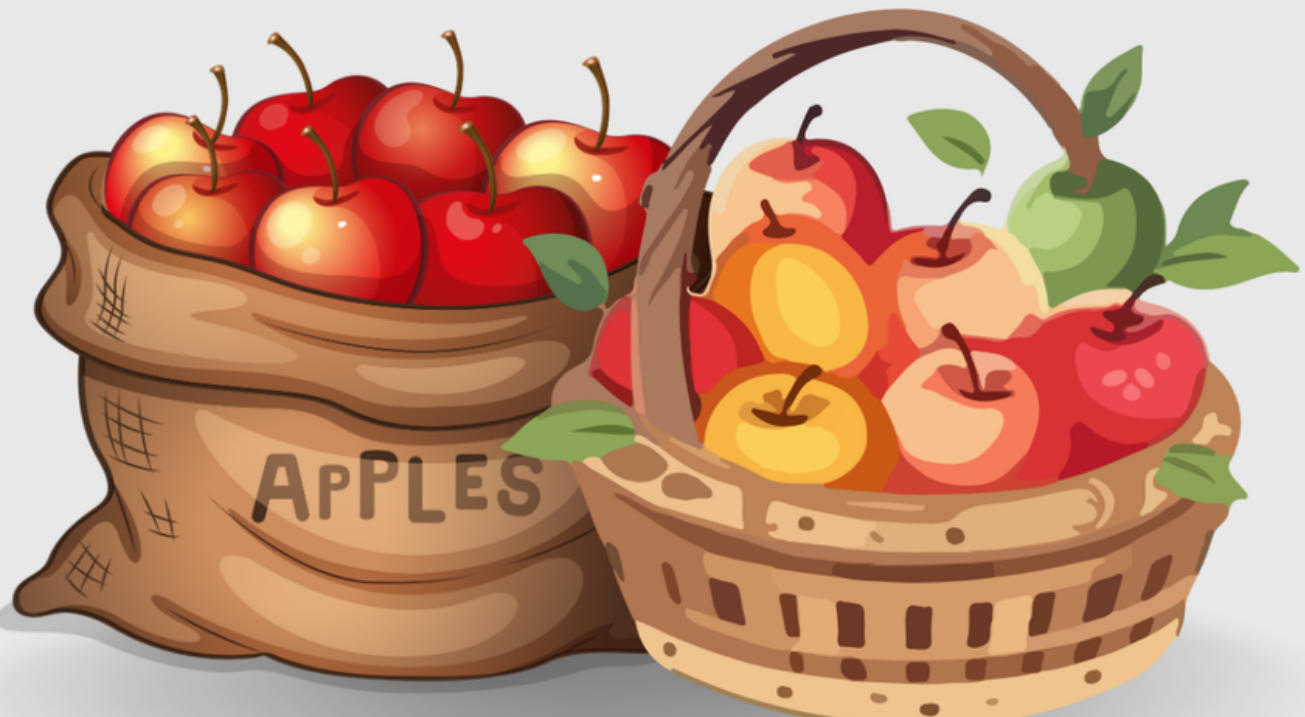
LET'S GO

NC Apple Festival

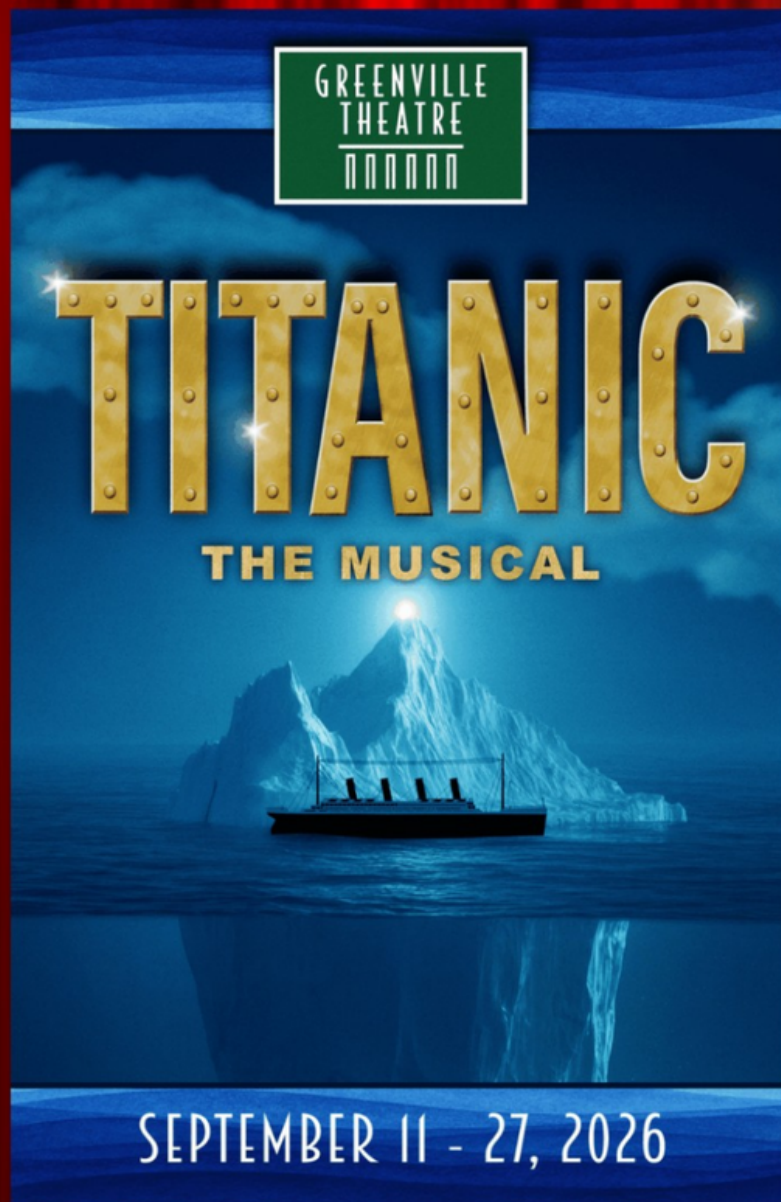
Hendersonville, NC

FRIDAY, SEPTEMBER 4TH

SIGN UP & PAY \$5 AT FRONT DESK BY
FRIDAY, AUGUST 28TH. MEET AT
SENIOR CENTER BY 8:30 AM.



Greenville Theatre Presents

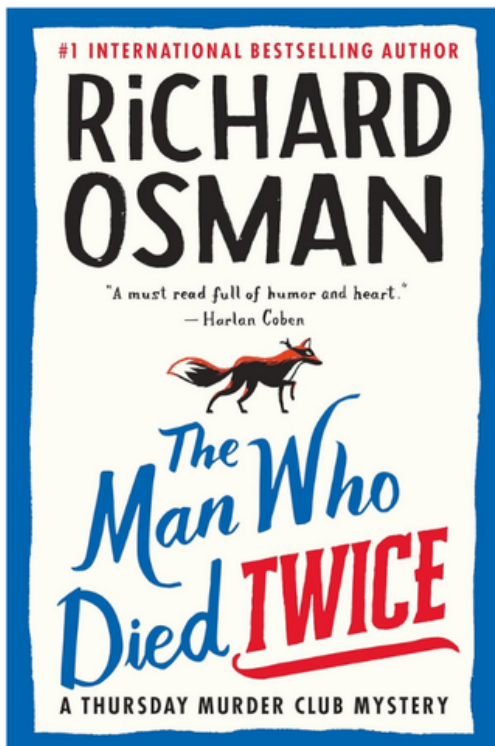


THURSDAY, SEPTEMBER 24th
\$39 PER PERSON. SIGN UP & PAY BY 8/6.
MEET AT SENIOR CENTER BY 5:45 PM.
SHOW STARTS AT 7:30 PM.

Women's Book Club

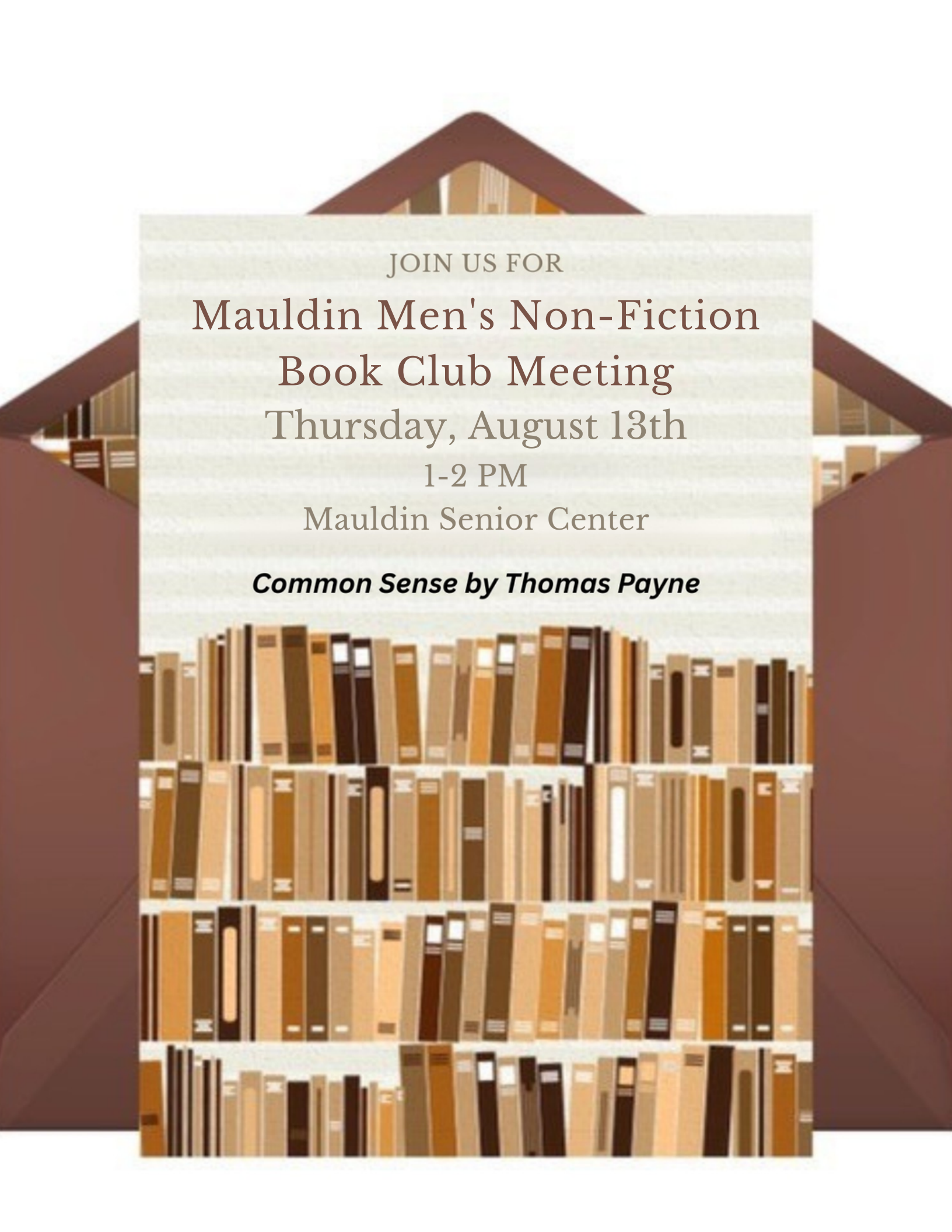


Please “check out” our second
Women's Book Club gathering on
Thursday, August 13th at 1:00pm.



We will be discussing the book,
“The Man Who Died Twice” by
Richard Osman,
which is the 2nd book in The
Thursday Murder Club series.

*Don't forget to bring your book
suggestions for September's meeting!*



JOIN US FOR
Mauldin Men's Non-Fiction
Book Club Meeting
Thursday, August 13th
1-2 PM
Mauldin Senior Center

Common Sense by Thomas Payne

PHOTO GRAPHY CLASS

- Produce attention grabbing photos
- Use the rules of good composition/design
- Use free/inexpensive photo enhancement apps for smart phones and advanced cameras

Share your photos on a large screen, along with other like minded people.

Socialize with photographers from all skill levels.



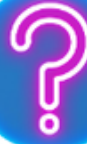
10 AM - 12 PM

**Every Other Tuesday. 8/4 &
8/18 in August.**

with

Bob Buurman

Professional Photographer



MAULDIN SENIOR CENTER
PRESENTS



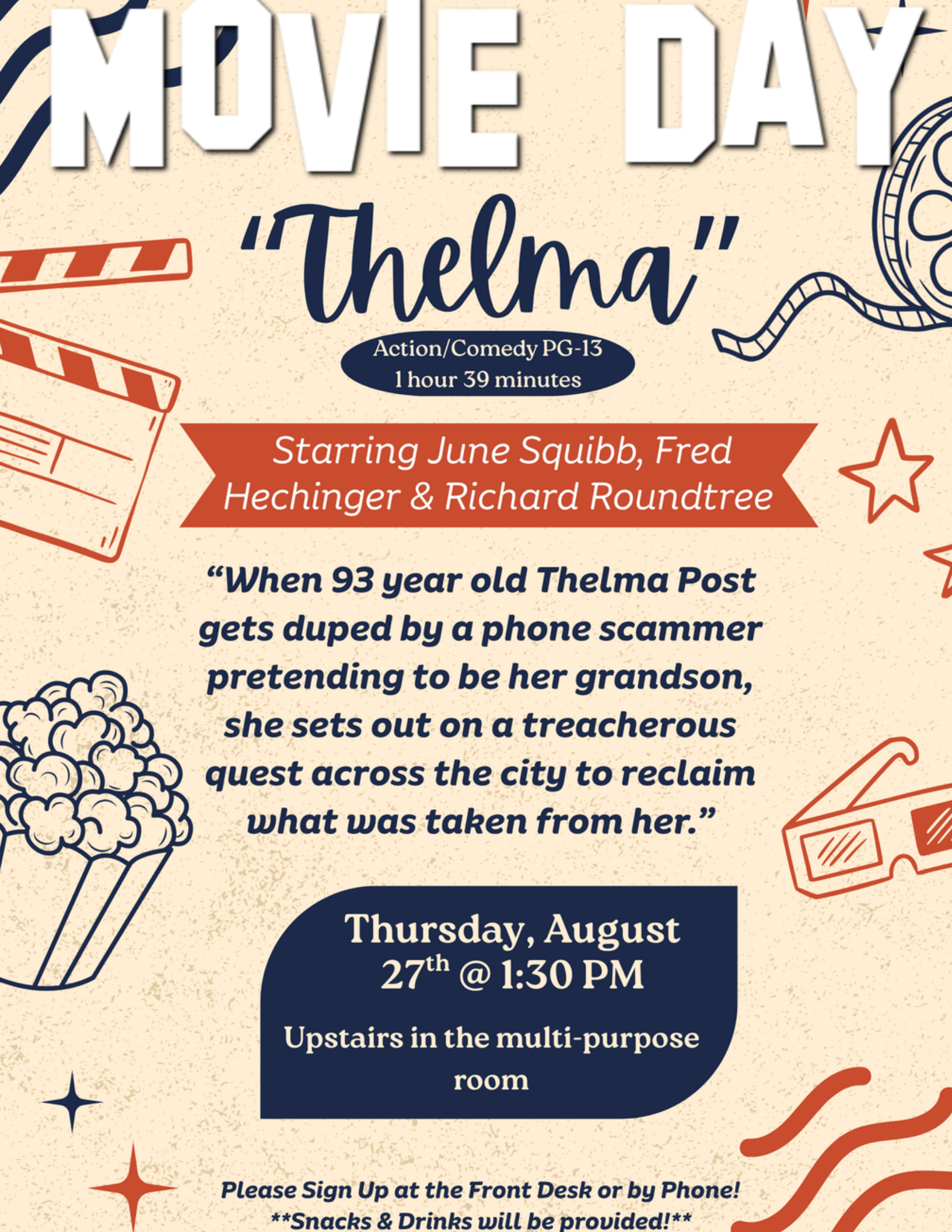
STAFF TRIVIA

WHO KNOWS THE MOST ABOUT
JEFF, JESSICA & KERSTIN??

AUGUST 12 @ 1:30 PM

IN THE MULTIPURPOSE ROOM

MOVIE DAY

The poster features a textured, light brown background. Decorative elements include two red and white striped clapperboards on the left, a film reel and a strip of film on the right, a bucket of popcorn on the bottom left, a pair of red 3D glasses on the bottom right, and several stars and wavy lines scattered throughout.

"Thelma"

Action/Comedy PG-13
1 hour 39 minutes

Starring June Squibb, Fred Hechinger & Richard Roundtree

"When 93 year old Thelma Post gets duped by a phone scammer pretending to be her grandson, she sets out on a treacherous quest across the city to reclaim what was taken from her."

**Thursday, August
27th @ 1:30 PM**

**Upstairs in the multi-purpose
room**

Please Sign Up at the Front Desk or by Phone!

****Snacks & Drinks will be provided!****



OVERTURE®

at

Ray W. Hopkins Mauldin Senior
Center

Tailgate Party

JOIN US FOR THE ULTIMATE
PRE-GAME CELEBRATION WITH
GREAT FOOD, COLD DRINKS,
AND AWESOME COMPANY.

203 CORN RD, GREENVILLE, SC 29607

18 AUGUST 2026
TUESDAY

Starts @ 12:00pm. Sign
up at Front Desk or
phone.





SAFEGUARDING YOUR ASSETS & YOUR IDENTITY

Senior Fraud prevention

**We will cover essential topics,
including:**

- Common Senior Scams
- Red Flags/ Warning Signs
- Ways to Protect Your Identity
- What to Do If You Think You've Been Scammed

Powered by:



MTC FEDERAL
CREDIT UNION

**FRIDAY,
AUGUST 14th
10-11:30 AM**

**Mauldin Senior Center
203 Corn Rd.
Greenville, SC 29607**

Register Here. It's Free!



MTCFederal.com

CLEAN EATZ

WE CHANGE LIVEZ!

CLEAN EATZ INFO TABLE

**WHEN: WEDNESDAY,
AUGUST 5TH @ 1 PM**

**WHERE: DOWNSTAIRS
LOBBY OF THE MAULDIN
SENIOR CENTER**

STOP BY THE INFO TABLE TO
LEARN MORE ABOUT THEIR
NUTRITIOUS, MACRO-
BALANCED MEALS AND MEAL
PREP PLANS. DISCOVER
FIRSTHAND EVERYTHING THEY
HAVE TO OFFER TO HELP YOU
REACH YOUR HEALTH AND
WELLNESS GOALS!



**CLEAN EATZ IS A HEALTHY LIFESTYLE FRANCHISE THAT
OFFERS DINE-IN CAFES, GRAB-AND-GO MEALS, AND
WEEKLY MEAL PREP SERVICES.**



Cards for Kindness

Thursday, August 20th @ 1:00pm

This month we will be creating cards for the First Responders with the City of Mauldin. If you wish to purchase supplies at Hobby Lobby, Michaels or Scrapbook.com, please contact Donna Konrad at rockwell78@verizon.net.

Cards for Kindness truly appreciate the effort and thoughtfulness you have put into creating cards.



Create for Children

Thursday, August 27th @ 1:00pm

The program is designed to make small stuff animal like dogs, cats, frogs and dinosaurs for the Prisma Children's Cancer Center and other Children's floors.

Animal kits are available here at the Senior Center!



Bible Study

Thursday mornings: 10:30am-12pm

Join us as we study God's word together.
Any questions can be directed to:

Sallie Meyer @ 717-813-8002.





Messiah Lutheran Food Pantry

Messiah Food Pantry, a ministry of the church,
is fully staffed by volunteers in partnership with
Harvest Hope Food Bank.

Messiah Food Pantry provides pantry staples and USDA
subsidies to clients in southern Greenville County.

IN NEED OF CANNED FOODS, SOUPS, PEANUT BUTTER, PASTAS & SAUCES.

A donation bin is located downstairs at the Senior Center.

Upstate Backpack Blessings

Upstate Backpack Blessings is a volunteer-based, donation-
driven organization that provides bags of food to 300+ students
each week in 16 area elementary, middle and high schools.

**IN NEED OF INDIVIDUAL CEREALS, PEANUT BUTTER, & APPLESAUCE
OR FRUIT CUPS.**



**A donation bin is located downstairs at the Senior
Center**

The Period Project

Help homeless and school aged individuals have the
basic necessities they need.

Product Donation Needs:

Day Pads

Overnight Pads

Panty Liners

Feminine Wipes

Tampons



Get fit & stay active in 2026!



Fitness and Workout

Join us for a variety of fun and fitness activities to keep you healthy and moving! All classes are designed around your individual fitness goals.

Fitness Classes

- Cardio: Mondays, Wednesdays, and Fridays @ 9:00
- Tai-Chi Chih: Tuesdays & Thursdays @ 9:30
- Yoga: Mondays @ 12:15, Tuesdays @ 11:30, Thursdays @ 11:30.
- Chair Yoga: Wednesdays @ 12:15

Fun Activities

- Line Dancing:
 - Intro to Line Dancing Mondays @ 1:30
 - Low Beginner Line Dancing Mondays @ 2:40
 - Improver 1 Line Dancing Tuesdays @ 1:00
 - Improver 2 Line Dancing Tuesdays @ 2:15
- Pickleball: Wednesdays @ 1:30, Thursdays @ 1:00, Fridays @ 10:30
- Walk it Out: Tuesdays & Thursdays @ 10:00

Fitness Room open Monday - Friday, 8:00 am - 3:45 pm.

5 Benefits of Fitness

- Build strength and improve your balance
- Boost your metabolism
- Improve your cardiovascular health
- Enhance your mental health
- Enjoy a more active lifestyle



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.

If you have any of the below benefits on your insurance plan, let us know. We both benefit! You can earn rewards from your insurance and we get money to help subsidize our classes.

Don't forget to sign in at the Front Desk upstairs or downstairs when you participate in a class/program.



RenewActive™
by UnitedHealthcare



FOLLOW US ON FACEBOOK:

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