
Ray Hopkins Mauldin Senior Center



203 Corn Road, Greenville, SC 29607 • 864-234-3488 • Mailing Address: P.O. Box 249, Mauldin, SC 29662

www.mauldinseniorcenter.com

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Upcoming Events:

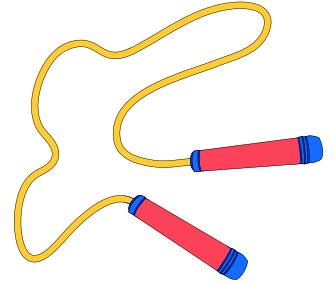
Center Hours
Monday - Friday
8:00 AM to 4:00 PM



- **4th of July Potluck on Wednesday, July 1st @ 11:00 AM.**
 - **We will be CLOSED on Friday, July 3rd for 4th of July.**
 - **Movie Day on Wednesday, July 15th @ 1:30 PM.**
 - **Ice Cream Social on Wednesday, July 29th @ 1 PM.**
 - **Field Trip - Mystery Lunch on Wednesday, August 19th.**
 - **Field Trip to NC Apple Festival on Friday, Sept 4th. \$5 per person.**
 - **Field Trip to see Titanic the Musical on Thursday, Sept 24th. \$39 per person.**
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REGULARLY SCHEDULED ACTIVITIES


- Art Group: Mondays, 10-Noon
- Bible Study: Thursdays, 10:30-Noon
- Bingo: Fridays @ 12:30
- Bridge: Mondays & Fridays @ 11:15
- Canasta: Mondays @ 9:00
- Cardio: Mondays, Wednesdays, & Fridays @ 9:00
- Cribbage: Mondays & Fridays @ 9:30
- Cornhole: Mondays & Wednesdays @ 10:00
 - Ladies - Mondays @ 10:00
- Crochet/Knitting: Mondays @ 12:30
- Dominoes: Mondays, Tuesdays, & Fridays @ 12:00
- Euchre: Tuesdays @ 1:30pm
- Hand, Foot, & Elbow: Monday & Wednesdays @ 10:00
- Hooks, Needles & Yarn: 3rd Thursday @ 1:00
- Jam Time: Tuesdays & Thursdays, 10-Noon
- Knitting: 2nd & 4th Wednesdays @ 1:00
- Line Dancing:
 - Intro to Line Dancing: Mondays @ 1:30
 - Low Beginner Line Dancing: Mondays @ 2:40
 - Improver 1 Line Dancing: Tuesdays @ 1:00
 - Improver 2 Line Dancing: Tuesdays @ 2:15
- Mah Jongg: Tuesdays @ 10:00, Tuesdays @ 12:30 – 3:30, Wednesdays @ 9:00
- Phase 10: Mondays & Fridays @ 10:00
- Photography Class: 1st & 3rd Tuesdays @ 10:00
- Pickleball: Wednesdays @ 1:30, Thursdays @ 1:00, Fridays @ 10:30
 - Beginner Pickleball: Wednesdays 1:30-2:30, Thursdays 1-2:00, Fridays 2-3:45 (Court Next to Stage)
- Pinochle: Mondays @ 12:00
- Poker: Wednesdays @ 11:30
- Rummikub: Mondays, 12-2:00
- Tai Chi Chih: Tuesdays & Thursdays @ 9:30
- Walk it Out: Tuesdays & Thursdays @ 10:30
- Yoga: Mondays @ 12:15, Tuesdays @ 11:30, Thursdays @ 11:30
 - Chair Yoga: Wednesdays @ 12:15






FITNESS SCHEDULE



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|--|---|---|---|--|
| Hours: Mon - Fri 8 AM - 4 PM | | 1 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage) | 2 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage) | CLOSED 3 HAPPY  OF JULY | |
| | 6 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D. | 7 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D. | 8 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage) | 9 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - NO Pickleball 1:00-2:00 - NO Beginner Pickleball (Court next to stage) | 10 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage) |
| | 13 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D. | 14 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D. | 15 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage) | 16 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage) | 17 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage) |
| | 20 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D. | 21 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D. | 22 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage) | 23 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage) | 24 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage) |
| | 27 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner L.D. | 28 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D. | 29 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage) | 30 9:30 - T'ai Chi Chih 10:30 - Walk it Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage) | 31 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage) |



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|--|--|--|---|--|
| Hours: Mon - Fri 8 AM - 4 PM | | 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:00 - 4TH of July Potluck. Sign up at Front Desk/Phone. 11:30 - Poker | 10-12 - Jam Time 10:30 - Bible Study | CLOSED HAPPY  OF JULY | |
| | 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 11:30- Upstate Therapy Dogs 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting | 10:00 - Mah Jongg 10:00 - Photography Class. Sign up at Front Desk or phone. 10-12 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre | 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Knitting | 10-12 - Jam Time 10:30 - Bible Study 1:00 - Women's Book Club. Sign up at Front Desk or phone. 2:00- Senior Action Concert Band Concert (Gym) | 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BIRTHDAY BINGO!! |
| | 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting | 10:00 - Mah Jongg 10-12 - Jam Time 10:30 - "Life Insurance: The Good, The Bad, & The Ugly". Sign up at front desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:00 - "Scams" by Better Business Bureau. Sign up at front desk or phone. 1:30 - Euchre | 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00- Movie Day: Hatari! Sign up at Front Desk or phone. | 10-12 - Jam Time 10:30 - Bible Study 1:00 - Hooks, Needles & Yarn 1:00 - Men's Non-Fiction Book Club. Sign up at Front Desk or phone. 1:00 - Cards for Kindness (1st Responders Cards) | 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!! |
| | 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting | 10:00 - Mah Jongg 10:00 - Photography Class. Sign up at Front Desk or phone. 10-12 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre | 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Knitting | 10-12 - Jam Time 10:30 - Bible Study Study 1:00 - Create for Children | 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!! |
| | 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting | 10:00 - Mah Jongg 10-12 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre | 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Knitting | 10-12 - Jam Time 10:30 - Bible Study Study 1:00 - "Understanding Crypto & Other Investment Options". Sign up at Front Desk or phone. | 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!! |

A festive poster for a 4th of July potluck. The background is dark blue with a white star pattern. At the top, there are red, white, and blue bunting flags. The text '4TH OF JULY' is in large, white, bold, sans-serif font. Below it, 'Potluck' is written in a white, cursive font with a yellow glow. The date and time 'WEDNESDAY JULY 1ST @ 11:00 AM' are in a yellow, sans-serif font. The central illustration shows a variety of dishes: a large orange pot, a teal casserole dish with yellow food, a yellow bowl of green salad with tomatoes and cucumbers, a blue bowl of yellow pasta, and a pink dish of green beans with mushrooms and tomatoes. The dishes are set against a background of American flags and balloons with star patterns.

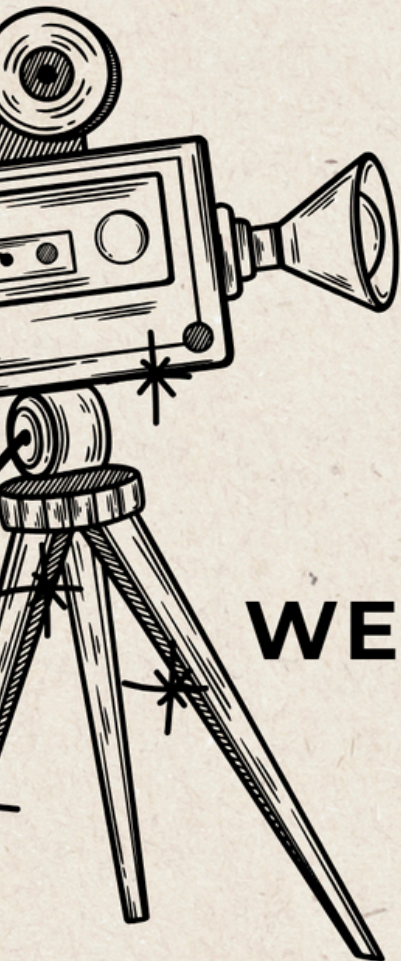
4TH OF JULY

Potluck

WEDNESDAY JULY 1ST @ 11:00 AM

SIGN UP AT FRONT DESK OR BY PHONE

Movie Day



**WEDNESDAY, JULY 15TH
@ 1:00 PM**

WE WILL BE
SHOWING "**HATARI!**"
STARRING JOHN
WAYNE, ELSA
MARTINELLI, &
HARDY KRUGER.



**Sign up at the Front
Desk or Phone.**

****Light snacks & beverages will be provided****



ICE CREAM SOCIAL

CHILL OUT & SCOOP UP SOME FUN!



Wednesday July 29th

@ 1PM

Free Ice Cream

SIGN UP AT FRONT DESK OR BY PHONE.



YOU'RE INVITED TO A



MYSTERY LUNCH

WEDNESDAY, AUGUST 19th



ENJOY A FUN OUTING TO A
SURPRISE LOCATION FOR LUNCH!
THE MYSTERY DESTINATION ADDS
EXCITEMENT WHILE PROVIDING
GREAT FOOD & FELLOWSHIP WITH
FRIENDS!!



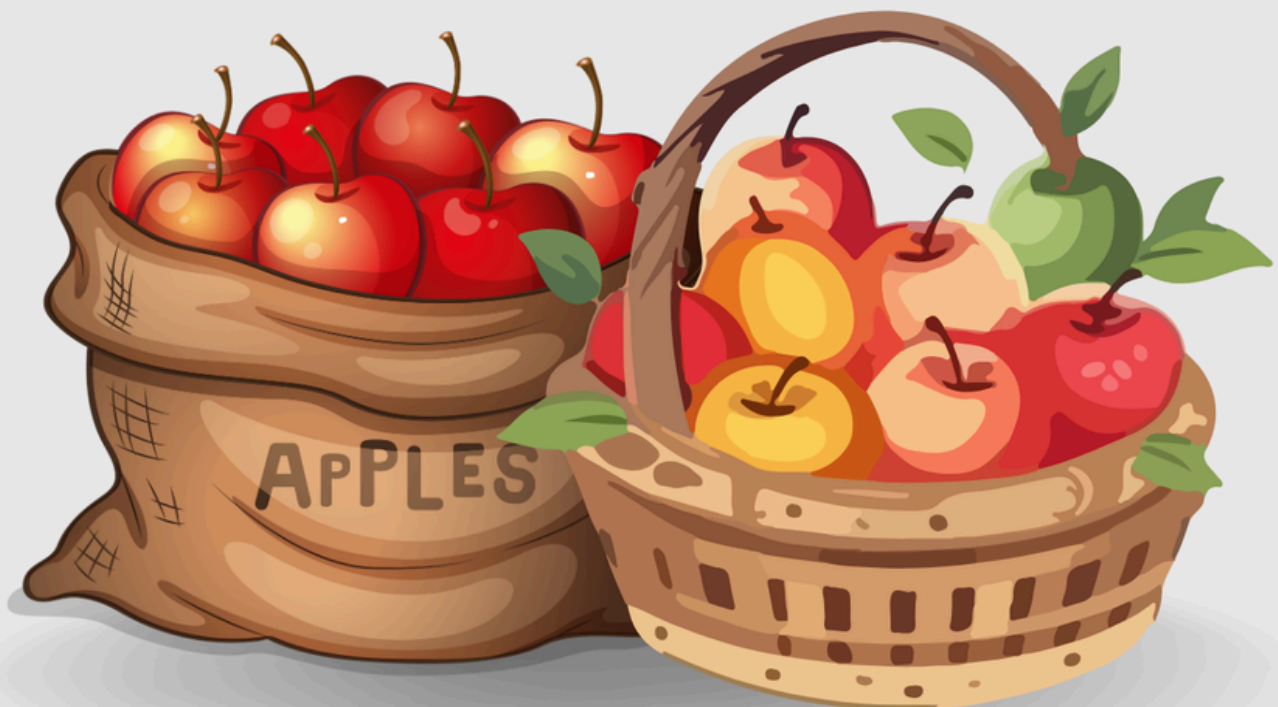
Sign up at the Front Desk or phone
by Wednesday, August 12th. We will
meet at 10:45 am!

LET'S GO

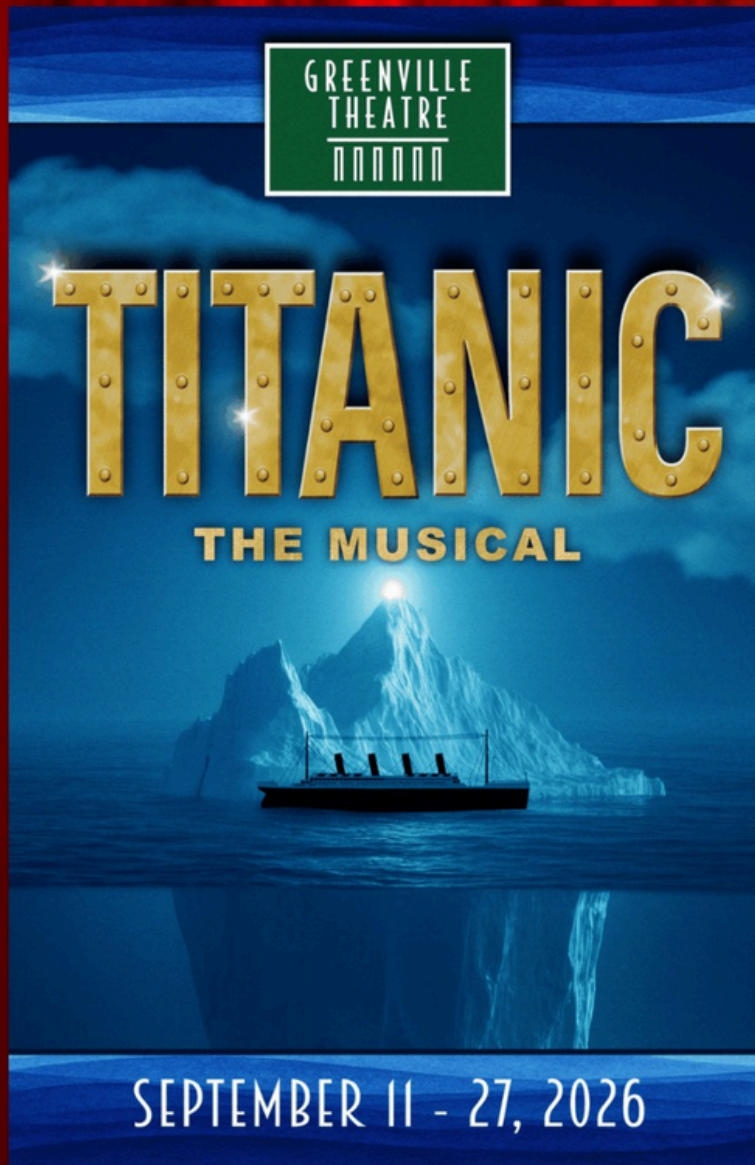
*NC Apple
Festival
Hendersonville, NC*

FRIDAY, SEPTEMBER 4TH


SIGN UP & PAY \$5 AT FRONT DESK BY
FRIDAY, AUGUST 28TH. MEET AT
SENIOR CENTER BY 8:30 AM.



Greenville Theatre Presents



THURSDAY, SEPTEMBER 24th
\$39 PER PERSON. SIGN UP & PAY BY 8/6.
MEET AT SENIOR CENTER BY 5:45 PM.
SHOW STARTS AT 7:30 PM.



AMP'D UP
FRIDAYS

Every Friday Night @ 6:30pm

May 29 - July 31

Mauldin Outdoor Amphitheater

Get fit & stay active in 2026!



Fitness and Workout

Join us for a variety of fun and fitness activities to keep you healthy and moving! All classes are designed around your individual fitness goals.

Fitness Classes

- **Cardio:**
Monday, Wednesday, &
Friday @ 9:00
- **Tai-Chi:**
Tuesday & Thursday @ 9:30
- **Yoga:**
Monday @ 12:15
Tuesday @ 11:30
Thursday @ 11:30
- **Chair Yoga:**
Wednesday @ 12:15

Fun Activities

- **Line Dancing:**
-Intro to Line Dancing
Monday @ 1:30
-Low Beginner Line Dancing
Monday @ 2:40
-Improver 1 Line Dancing
Tuesday @ 1:00
-Improver 2 Line Dancing
Tuesday @ 2:15
- **Pickleball:** Wednesday @ 1:30,
Thursday @ 1:00, Friday @ 10:30

Fitness Room open Monday-Friday, 8:00 am-3:45pm.

5 Benefits of Fitness

- Build strength and improve your balance
- Boost your metabolism
- Improve your cardiovascular health
- Enhance your mental health
- Enjoy a more active lifestyle





Messiah Lutheran Food Pantry

Messiah Food Pantry, a ministry of the church, is fully staffed by volunteers in partnership with Harvest Hope Food Bank.

Messiah Food Pantry provides pantry staples and USDA subsidies to clients in southern Greenville County.

IN NEED OF CANNED FOODS, SOUPS, PEANUT BUTTER, PASTAS & SAUCES.

A donation bin is located downstairs at the Senior Center.

Upstate Backpack Blessings

Upstate Backpack Blessings is a volunteer-based, donation-driven organization that provides bags of food to 300+ students each week in 16 area elementary, middle and high schools.

IN NEED OF INDIVIDUAL CEREALS, PEANUT BUTTER, & APPLESAUCE OR FRUIT CUPS.

A donation bin is located downstairs at the Senior Center

The Homeless Period Project

Help homeless and school aged individuals have the basic necessities they need.



Product Donation Needs:

Day Pads
Overnight Pads
Panty Liners
Feminine Wipes
Tampons

A donation bin is located downstairs at the Senior Center.



Cards for Kindness

Thursday, July 16th @ 1:00pm

Our cards this month will be given to the First Responders for the City of Mauldin. If you wish to purchase supplies at Hobby Lobby, Michaels or

Scrapbook.com, please contact Donna Konrad at rockwell78@verizon.net.

Cards for Kindness truly appreciate the effort and thoughtfulness you have put into creating cards.



Create for Children

Thursday, July 23rd @ 1:00pm

Welcome to our new program called Create for Children. The program is designed to make small stuff animals like dogs, cats, frogs and dinosaurs for the Prisma Children's Cancer Center and other Children's floors.

Animal kits are available here at the Senior Center. All are welcome!



Bible Study

Thursday mornings: 10:30am-12pm

Join us as we study God's word together.
Any questions can be directed to:

Sallie Meyer @ 717-813-8002.



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.

If you have any of the below benefits on your insurance plan, let us know. We both benefit! You can earn rewards from your insurance and we get money to help subsidize our classes.

Don't forget to sign in on the sign in sheets , located on the downstairs entrance table, when you participate in a class.



FOLLOW US ON FACEBOOK:

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