

Ray W. Hopkins Mauldin Senior Center



203 Corn Road, Greenville, SC 29607 • 864-234-3488 •

Mailing Address: P.O. Box 249, Mauldin, SC
29662

www.mauldinseniorcenter.com

Follow us on Facebook @ Ray W. Hopkins Mauldin Senior Center

Center Hours

Monday - Friday

8:00 AM to 4:00 PM

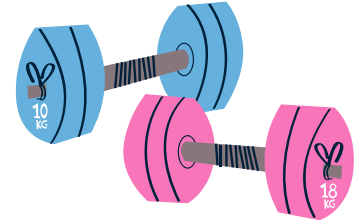


Upcoming Events:

- The Senior Center will be **closed Friday, June 19th** in honor of Juneteenth!
- **Ladies Tea** will be on **Wednesday, June 10th @ 11am!** Sign up & pay \$5 at the Front Desk by **June 5th**.
- **Burgers with the Boys** will be on **Wednesday, June 17th @ 11am!** Sign up & pay \$5 at the Front Desk by **June 12th**.
- **Movie Day - "The Thursday Murder Club"** on **Wednesday, June 24th @ 1:30pm!** Sign up at Front Desk by **June 23rd**.

REGULARLY SCHEDULED ACTIVITIES


- Art Group: Mondays, 10-Noon
- Bible Study: Thursdays, 10:30-Noon
- Bingo: Fridays @ 12:30
- Bridge: Mondays & Fridays @ 11:15
- Canasta: Mondays @ 9:00
- Cardio: Mondays, Wednesdays, & Fridays @ 9:00
- Cribbage: Mondays & Fridays @ 9:30
- Cornhole: Mondays & Wednesdays @ 10:00
 - Ladies - Mondays @ 10:00
- Crochet/Knitting: Mondays @ 12:30
- Dominoes: Mondays, Tuesdays, & Fridays @ 12:00
- Euchre: Tuesdays @ 1:30pm
- Hand, Foot, & Elbow: Monday & Wednesdays @ 10:00
- Hooks, Needles & Yarn: 3rd Thursday @ 1:00
- Jam Time: Tuesdays & Thursdays, 10-Noon
- Knitting: 2nd & 4th Wednesdays @ 1:00
- Line Dancing:
 - Intro to Line Dancing: Mondays @ 1:30
 - Low Beginner Line Dancing: Mondays @ 2:40
 - Improver 1 Line Dancing: Tuesdays @ 1:00
 - Improver 2 Line Dancing: Tuesdays @ 2:15
- Mah Jongg: Tuesdays @ 10:00, Tuesdays @ 12:30 – 3:30, Wednesdays @ 9:00
- Phase 10: Mondays & Fridays @ 10:00
- Photography Class: 1st & 3rd Tuesdays @ 10:00
- Pickleball: Wednesdays @ 1:30, Thursdays @ 1:00, Fridays @ 10:30
 - Beginner Pickleball: Wednesdays 1:30-2:30, Thursdays 1-2:00, Fridays 2-3:45 (Court Next to Stage)
- Pinochle: Mondays @ 12:00
- Poker: Wednesdays @ 11:30
- Rummikub: Mondays, 12-2:00
- Tai Chi Chih: Tuesdays & Thursdays @ 9:30
- Yoga: Mondays @ 12:15, Tuesdays @ 11:30, Thursdays @ 11:30
 - Chair Yoga: Wednesdays @ 12:15





FITNESS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner	2 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	3 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	4 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	5 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage)
8 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner	9 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	10 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	11 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	12 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage)
15 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner	16 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	17 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	18 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	19  We are CLOSED today!
22 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner	23 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.	24 9:00 - Cardio 10:00 - Cornhole 12:15 - Chair Yoga 1:30 - Pickleball 1:30-2:30 - Beginner Pickleball (Court next to stage)	25 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Pickleball 1:00-2:00 - Beginner Pickleball (Court next to stage)	26 9:00 - Cardio 10:30 - Pickleball 2-3:45 - Beginner Pickleball (Court next to stage)
29 9:00 - Cardio 10:00 - Cornhole 12:15 - Yoga 1:30 - Intro to L.D. 2:40 - Low Beginner	30 9:30 - T'ai Chi Chih 10:30 - Walk It Out 11:30 - Yoga 1:00 - Improver 1 L.D. 2:15 - Improver 2 L.D.			



ACTIVITY SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting 1	10:00 - Mah Jongg 10:00 - Photography Class. Sign up at Front Desk or Phone. 10-12 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre 2	9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Upstate Therapy Dogs 3	10-12 - Jam Time 10:30 - Bible Study 4	9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BIRTHDAY BINGO!! Sponsored by Enlightened Home Care 5
GAME ROOM CLOSED - ALL ACTIVITIES UPSTAIRS 8 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	GAME ROOM CLOSED - ALL ACTIVITIES UPSTAIRS 9 10:00 - Mah Jongg 10-12 - Jam Time 10:30 - "Medicare 101". Sign up at Front Desk or phone. 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre	GAME ROOM CLOSED - ALL ACTIVITIES UPSTAIRS 10 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:00 - Ladies Tea. \$5. Sign up by 6/5 at Front Desk. 11:30 - Poker 1:00 - Knitting	11 10-12 - Jam Time 10:30 - Bible Study 1:00 - Men's Non-Fiction Book Club Meeting	12 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO! 1:00 - Blood Pressure Checks by Prisma Health
9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting 15	10:00 - Mah Jongg 10:00 - Photography Class. Sign up at Front Desk or phone. 10-12 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:00 - "How Good is Your Balance" by Anderson University. Sign up at Front Desk or phone. 1:30 - Euchre 16	9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:00 - Burgers with the Boys. \$5. Sign up by 6/12 at Front Desk. 11:30 - Poker 17	10-12 - Jam Time 10:30 - Bible Study 1:00 - Hooks, Needles & Yarn 1:00 - Cards for Kindness (Veterans Cards) 1:00 - "Elder Care" by Financial Education Partnership Program. Sign up at Front Desk or Phone. 18	JUNE TEENTH We are CLOSED today!
GAME ROOM CLOSED - ALL ACTIVITIES UPSTAIRS 22 9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting	ALL SENIOR ACTIVITIES CANCELED. Only Fitness Classes & Fitness Room Open. 23	GAME ROOM CLOSED - ALL ACTIVITIES UPSTAIRS 24 9:00 - Mah Jongg 10:00 - Hand, Foot & Elbow 11:30 - Poker 1:00 - Knitting 1:30 - Movie Day: "The Thursday Murder Club". Sign up at Front Desk or phone.	25 10-12 - Jam Time 10:30 - Bible Study 1:00 - Create for Children	26 9:30 - Cribbage 10:00 - Phase 10 11:15 - Bridge 12:00 - Dominoes 12:30 - BINGO!
9:00 - Canasta 9:30 - Cribbage 10:00 - Art Group, Hand, Foot & Elbow, Phase 10 11:15 - Bridge 12:00 - Pinochle, Rummikub, Dominoes 12:30 - Crochet/Knitting 29	10:00 - Mah Jongg 10-12 - Jam Time 12:00 - Dominoes 12:30 - Mah Jongg 1:30 - Euchre 30			

LINE DANCING CLASS

updates

A new Introduction to Line Dancing class will start on Monday, June 1st @ 1:30pm - 2:30pm. New members may enroll until June 8th.

No new students will be accepted after that date.

This is not a drop-in class. Each class builds on the instruction from the week before

You may email Pam Frey, the instructor at nanafrey05@gmail.com to sign up.

Class Schedule

Monday Class Times:

1:30: Intro to Line-Dancing
2:40: Low Beginner Line-Dancing

Tuesday Class Times:

1:00: Improver 1 Line-Dancing
2:15: Improver 2 Line-Dancing

Ladies Tea Party


Join us for an elegant affair filled with delightful conversations, exquisite teas, and a delectable assortment of sweet and savory treats.

Wednesday, June 10
11:00 am

SIGN UP AND PAY \$5 AT FRONT
DESK BY 6/3.

JOIN US





BURGERS WITH THE BOYS



JUNE 17
11 AM

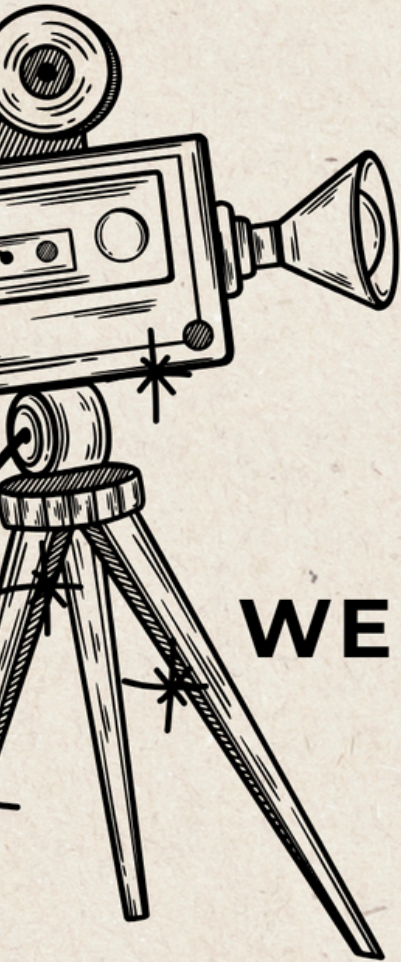
**COME THROUGH FOR BURGERS WITH THE
BOYS—IT'S TIME TO GRILL, CHILL, AND
CATCH UP. NO FRILLS, JUST GOOD FOOD
AND GREAT COMPANY!**

SIGN UP

& PAY \$5 AT THE FRONT DESK BY 6/12.



Movie Day



**WEDNESDAY, JUNE 24TH
@ 1:30 PM**

WE WILL BE
SHOWING "THE
THURSDAY MURDER
CLUB" STARRING
PIERCE BROSNAN &
HELEN MIRREN



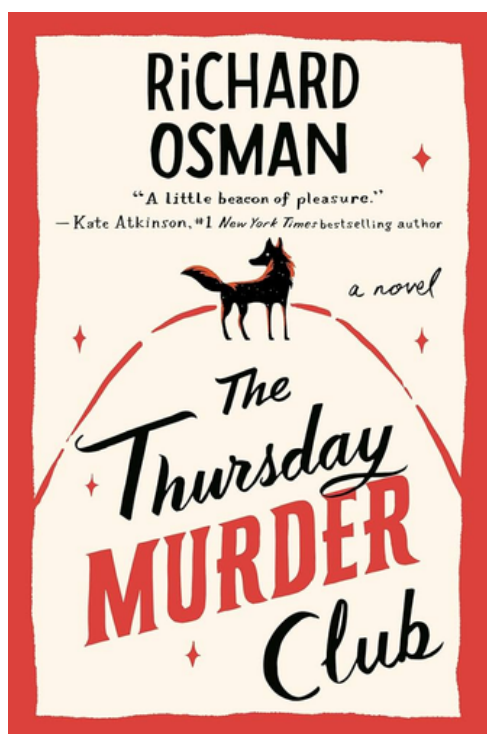
**Sign up at the Front
Desk or Phone.**

****Light snacks & beverages will be provided****

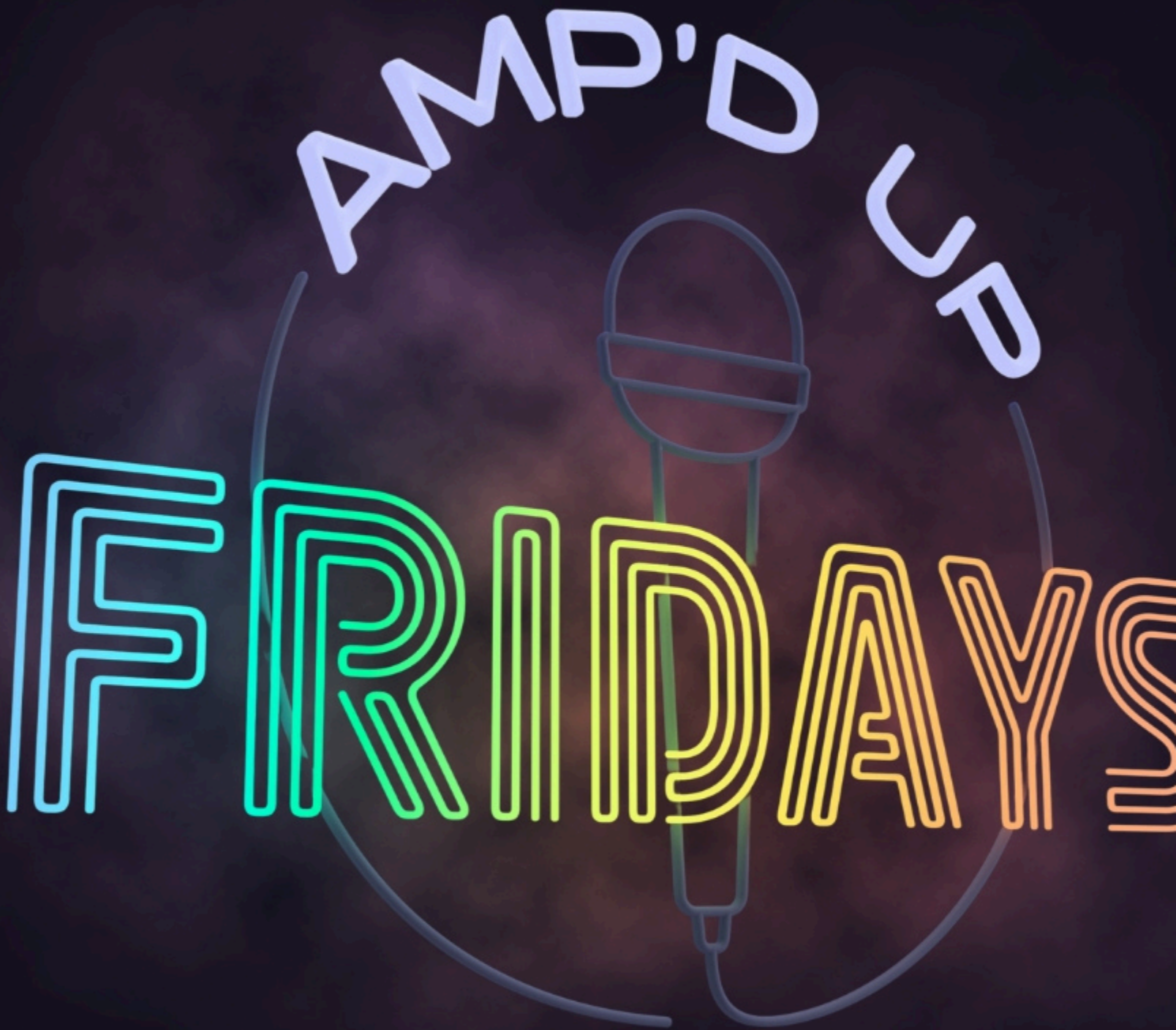
Women's Book Club



Please “check out” our first
Women's Book Club gathering on
Thursday, July 9 at 1:00pm.
Sign up at the front desk or by phone



We will be discussing the book,
“The Thursday Murder Club”
by Richard Osman,
which was adapted into the
movie featured on our
Movie Day in June.



Every Friday Night @ 6:30pm

May 29 - July 31

Mauldin Outdoor Amphitheater



Messiah Lutheran Food Pantry.

Messiah Food Pantry, a ministry of the church, is fully staffed by volunteers in partnership with Harvest Hope Food Bank.

Messiah Food Pantry provides pantry staples and USDA subsidies to clients in southern Greenville County.

IN NEED OF CANNED FOODS, SOUPS, PEANUT BUTTER, PASTAS & SAUCES.

A donation bin is located downstairs at the Senior Center.

Upstate Backpack Blessings

Upstate Backpack Blessings is a volunteer-based, donation-driven organization that provides bags of food to 300+ students each week in 16 area elementary, middle and high schools.

IN NEED OF INDIVIDUAL CEREALS, PEANUT BUTTER, & APPLESAUCE OR FRUIT CUPS.



A donation bin is located downstairs at the Senior Center

The Period Project

Help homeless and school aged individuals have the basic necessities they need.

Product Donation Needs:

Day Pads

Overnight Pads

Panty Liners

Feminine Wipes

Tampons





Cards for Kindness

Thursday, June 18th @ 1:00pm

Our cards this month will be given to Veterans groups/organizations throughout the Greater Greenville area. If you wish to purchase supplies at Hobby Lobby, Michaels or Scrapbook.com, please contact Donna Konrad at rockwell78@verizon.net.

Cards for Kindness truly appreciate the effort and thoughtfulness you have put into creating cards.



Create for Children

Thursday, June 25th @ 1:00pm

Welcome to our new program called Create for Children. The program is designed to make small stuff animals like dogs, cats, frogs and dinosaurs for the Prisma Children's Cancer Center and other Children's floors.

Animal kits are available here at the Senior Center. All are welcome!



Bible Study

Thursday mornings: 10:30am-12pm

Join us as we study God's word together.
Any questions can be directed to:

Sallie Meyer @ 717-813-8002.



Get fit & stay active in 2026!



Fitness and Workout

Join us for a variety of fun and fitness activities to keep you healthy and moving! All classes are designed around your individual fitness goals.

Fitness Classes

- **Cardio**: Mondays, Wednesdays, and Fridays @ 9:00
- **T'ai-Chi**: Tuesdays & Thursdays @ 9:30
- **Yoga**: Mondays @ 12:15, Tuesdays @ 11:30, Thursdays @ 11:30.
- **Chair Yoga**: Wednesdays @ 12:15

Fun Activities

- **Line Dancing**:
 - Intro to Line Dancing- Mondays @ 1:30
 - Low Beginner Line Dancing- Mondays @ 2:40
 - Improver 1 Line Dancing- Tuesdays @ 1:00
 - Improver 2 Line Dancing- Tuesdays @ 2:15
- **Pickleball**: Wednesdays @ 1:30, Thursdays @ 1:00, Fridays @ 10:30
- **Walk It Out**: Tuesdays & Thursdays @ 10:30

Fitness Room open Monday-Friday, 8:00am - 3:45pm.

5 Benefits of Fitness

- Build strength and improve your balance
- Boost your metabolism
- Improve your cardiovascular health
- Enhance your mental health
- Enjoy a more active lifestyle



SilverSneakers is a fitness and wellness program offered at no additional cost to seniors 65+ on eligible Medicare plans that helps you get active, get fit, and connect with others.

If you have any of the below benefits on your insurance plan, let us know. We both benefit! You can earn rewards from your insurance and we get money to help subsidize our classes.

Don't forget to sign in on the sign in sheets , located on the downstairs entrance table, when you participate in a class.



FOLLOW US ON FACEBOOK:

RAY W. HOPKINS MAULDIN SENIOR CENTER