# MAULDIN RECREATION YOUTH SOCCER RULES 

## TIME

- 6 U - Four - 6-minute quarters
- 8U - Two - 20-minute halves
- 10U/12U - Two - 25-minute halves
- Halftime - All age groups 5 minutes
- Overtime - Only 10 U and 12 U will do penalty kicks for the regular season.


## ROSTER \& TEAMS Max of 15 players and 3 coaches for all age groups

- $6 \mathrm{U}-6 \mathrm{v} .6$ (no goalie)
- $8 \mathrm{U}-7 \mathrm{v} .7$ (including the goalie)
- 10/12U - 9 v. 9 (including the goalie) minimum of 6 players to start play


## BALL SIZE

- All age divisions will use a size 4 soccer ball


## LEAGUE RULES

- No heading or punting is allowed in any age group. Penalty for heading inside the goalie box, by the offense or defense, the ball will be placed at the nearest part point outside of the goalie box and the team awarded an indirect kick. Penalty for heading elsewhere on the field, the ball will be placed at the spot an indirect kick awarded.
- No jewelry, beads, wristbands, and/or earrings while playing
- Playing Time
- 6 U - Everyone must play at least 2 full quarters each game o 8 U - Everyone must play at least 20 minutes each game o $10 \mathrm{U} / 12 \mathrm{U}$ - Everyone must play at least 25 minutes each game


## SUBSTITUTION RULES:

- All teams on one side of field (each side of Mid-Field)
- Subs will enter at Mid Field line only
- Subs may only enter at proper times:

After a goal kick is rewarded
After a goal by either team

> After a throw in is rewarded for YOUR TEAM only
> At each Quarter or at halftime
> During an injury on either team

All division will have free substitutions meaning you can switch as many people in and out during a game as you want, just make sure we are doing it at the correct times mentioned above. The referee will look to mid field during stoppages in play for subs, but always inform them of subs just to assure you get your sub in. If you are unsure if a time is right or not, always ask the referee.

## 6U Division

- No score will be kept
- No goalie is utilized in this division
- A minimum of 2 players should always remain on the defensive end of the field • If the ball hits player on the head, it will be played from that spot by opposite team
- 2 coaches are allowed to be on the field (per team).
- NO side tackling allowed
- Most important rule in this division.......HAVE FUN AND RELAX


## 8 U Division

- All players MUST have shin guards on to play.
- Players must perform a proper throw in (1 warning will be given)
- All fouls will result in an indirect kick
- NO side tackling allowed (Warning FIRST to player/coach, player sits one quarter SECOND, player is disqualified THIRD)
- NO heading is allowed (drop ball at spot of infraction - if inside the goal box, drop ball will be at corner of goal box)
- Defensive players MUST move back to the midfield line on all goal kicks
- Score is kept
- 1 coach allowed on the field (BUT NOT WITHIN GOALIE BOX) for the first 4 games of the season. After the conclusion of the fourth game no coaches will be allowed on the field
- Offside will be called (first 4 games will not be a turnover, team will keep possession at midfield). After the $4^{\text {th }}$ game, it will be a turnover if offside is called.


## 10-12U Division

- All players MUST have shin guards on to play.
- Goalie punts and/or throws and goal kicks must not pass the midline through the air. Ball contact that touches ground or player constitutions a "live" ball. Violation results in loss of possession and throw-in for opposing team at the midfield line.
- Players must perform a proper throw in (No warnings). Incorrect throw in will result in turnover at the spot.
- Offsides will be called.
- Any direct kick foul that occurs inside the box (hand ball, tripping, or push) can result in a PK. PK will be kicked from the top of the box. If you have a question regarding a direct or indirect kick you may ask the official.
- NO side tackling allowed (Warning FIRST to player/coach, player sits one quarter SECOND, player is disqualified THIRD)
- NO heading is allowed (drop ball at spot of infraction - if inside the goal box, drop ball will be at corner of goal box)
- Score is kept
- NO COACHES ALLOWED ON FIELD

