

The Mauldin Sports Center is hiring for an enthusiastic and knowledgeable certified group fitness instructor.

Summary

This person should be capable of leading and coordinating individual or group adult fitness/physical training sessions for a specified health and fitness program.

Duties and Responsibilities

1. Plans and leads exercise/activity sessions in one or more assigned fitness areas.
2. Sets up and monitors class equipment, and ensures its return in serviceable condition.
3. Advises participants on program and class procedures and policies, as appropriate.
4. Ensures that safety and injury prevention policies and procedures are adhered to by participants; reports accidents and prepares accident reports, as required.

Minimum Job Requirements

- High school diploma or GED; at least 1 year of experience directly related to the duties and responsibilities specified. Recognized competency in field of instructional expertise.
- May require technical certification dependent on the instructional specialty (SCW,AFAA, ACE, NETA, NASM, etc.).

Knowledge, Skills and Abilities Required

- Skill in the use of first aid procedures.
- Strong interpersonal and communication skills and the ability to work effectively with a wide range of constituencies in a diverse community.
- Knowledge of fitness training and education methods and techniques in area of specialty.
- Knowledge of exercise principles and technology.
- Knowledge of the operation and maintenance of fitness equipment and facilities.
- Ability to read, understand, follow, and enforce safety procedures.

Conditions of Employment

- CPR Certification required within 2 months of date of hire.
- Discipline-specific licensures and/or certifications may be required for designated positions in this classification.
- Must pass a pre-employment criminal background check.