

Mauldin Sports Center Member Benefits

*Certified Group Fitness Instructors

*Certified Personal Trainers

*Staff are CPR certified

- Annual fitness challenges
- Discounted personal training (\$35/hr)

FULL Membership:

- Fitness floor access including use of cardio and circuit weight equipment
- Equipment orientation by appointment
- Includes ALL group fitness classes
- Use of indoor track
- Family fitness orientation (required for children ages 11-14)
- Access to rock wall (call for rock wall hours)
- Access to locker rooms

Walk Plus

- Includes ALL group fitness to classes
- Use of indoor walking track
- Access to locker rooms

Walking Track

- Use of indoor walking track
- Includes selected fitness classes (notated in red and purple)

Have Children?

- Family memberships include Fit Kids (ages potty-trained through 14)
- Non-family membership? Fit Kids is only \$5 per child per visit
- Parent's Night Out discount - ALL memberships
- Summer Camp discount - ALL memberships