**Adult Sports Programs**

Check out Mauldin REC sport programs for you to join and have a chance to burn off some energy in a team atmosphere.

Dates and times to be announced.

For more information: Andre Clarke (864) 335-4852

**Summer Fun**

MSC offers a summer program for your kids when they are out of school. You pay by the week, and you can pick and choose the days you want your child to attend. Your child can expect a different theme each week. We require you to send a healthy bag lunch. We provide a healthy snack.

Please check with our Membership Service mid-April for more information or jlanahan@mauldinrecreation.com

**Parent’s Night Out**

MSC understands that your time away from your kids can be just as beneficial as your regular exercise routine.

This is offered the third Friday each month (holidays excluded)

**MOVIES, PIZZA, GAMES AND MORE**

Time: 6pm-10pm

Ages: 3yr old- 5th grade

Cost: $14.00 1st child

$12.00 2nd child

$10.00 all children after

This is for members, but we would love for you to bring guests.

Registration is required by the Wednesday before. Sign up at the front desk.

**Rock Wall Group Climb**

Let MSC take the pressure off your next child’s birthday celebration. The Cost: $5.00 per child Reserve your party now!

**Corporate Membership**

MSC extends corporate discounts to various business throughout the Golden Strip area. Ask your employer if they participate with us for group membership discounts.

To get more information on Corporate Rates Contact:

Mary Jane Parks, Membership Coordinator 864-335-4864 or mparks@mauldinrecreation.com

**Closed Holidays**

New Years Day, Easter, Fourth of July, Labor Day Thanksgiving and Christmas

We have special hours for other days please check our signs we will post throughout the gym.

**Universal Handicap accessible weight machine for a total body workout**

**Full service locker rooms and towel service is included with a full membership.**

**Guest Pass**

One-Day Guest Pass is available to try us out to decide the membership level that best suits you. Must be at least 18 years of age. Proof of age required. Guest pass does NOT include access to basketball courts.

**Recreation Team**

Mauldin Sports Center – Main 335-4875

Amanda Duffie - MSC Manager 335-4858

Mary Jane Parks – Membership Coord. 335-4864

Joe Lanahan – Recreation Director 335-4850

Bart Cumalander – Assistant Rec Director 335-4851

Willie Stewart – Athletic Program Coord. 335-4854

Andre Clarke – Assist Athletic Prog Coord. 335-4852

Darlene Franklin - Rec Admin Assistant 335-4860

**Mailing Address**

P.O. Box 249 Mauldin, SC 29662

www.mauldinrecreation.com

**Mauldin Sports Center Membership and Program Information**

Welcome to the Mauldin Sports Center

We know you will enjoy all the different programs we offer to all ages. Inside you will find general information about our facility and programs we offer.

Programs and times are subject to change.

We offer over 30 pieces of Cardiovascular Equipment, complete free weight and circuit weight section. AND 32ft. Rock Climbing Tower.

**Hours of Operation**

Monday—Thursday 5:30am-9:30pm

Friday 5:30am– 7:30pm

Saturday 7:30am-6:00pm

Sunday 1:00pm-5:00pm

**Group Exercise Classes**

We offer a variety of classes to suit any fitness level.

Yoga, Core, Kettlebell AMPD, Barre, Intervals, Boot Camp, Strength, Tabata, Zumba, Cycle

Our schedule is updated each month.

**Find schedules on**

Facebook

Instagram

Mauldinrecreation.com

**Fit Kids**

Let us watch your kids while you workout.

Fit Kids is for children 3-14 years old.

**Fit Kids Hours**

Monday–Thursday 8:15am–12:00 and 4:15pm-8:00pm

Fridays 8:15am-12:00 and 4:15pm-7:00pm

Saturdays 8:00am-12:00pm

**Stroller Time**

Every day from 10:00am until 2:00pm
Bring your infant or toddler and walk on our track.

**Check with Front Desk for schedule**

* Book an appointment or party today

**Rock Wall Hours**

MSC requires no long term contract or joining fee. To cancel give a 30-day notice to cancel your membership.

**Fit Kids Hours**

- Mondays 8:00am, 12:00pm and 4:15pm
- Tuesday through Thursday 8:00-12:00 and 4:15pm
- Friday 8:00am-12:00 and 4:15pm
- Saturday 9:00am-12:00 and 4:15pm
- Sunday 9:00am-12:00

**Next Up**

Mauldin Sports Center

**Parental Release**

This is for members, but we would love for you to bring guests.

Registration is required by the Wednesday before.

Sign up at the front desk.

**Sport Programs**

For more information:

Andre Clarke (864) 335-4852

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Fridays 8:15am-12:00 and 4:15pm-7:00pm

Saturdays 8:00am-12:00pm
About Membership at MSC

We have several different memberships to choose from.

**Individual** (One person 18 or older)
- **In-City**: Monthly $38.00, Yearly $380.00
- **Non-City**: Monthly $58.00, Yearly $609.00

**Family** (One or Two parents and dependent children)
- **In-City**: Monthly $56.00, Yearly $560.00
- **Non-City**: Monthly $78.00, Yearly $819.00

**2 Same House** (Two people residing in the same house sharing expenses. One must be at least 21 years of age or older. Proof of residency required.)
- **In-City**: Monthly $50.00, Yearly $500.00
- **Non-City**: Monthly $72.00, Yearly $756.00

**Single Parent** (One parent (single income) and dependent children. This is not for a dual income family.)
- **In-City**: Monthly $50.00, Yearly $500.00
- **Non-City**: Monthly $72.00, Yearly $756.00

**Individual Senior** (Adults 60+)
- **In-City**: Monthly $31.00, Yearly $310.00
- **Non-City**: Monthly $50.00, Yearly $500.00

**Family Senior** (Two adults both 60+)
- **In-City**: Monthly $41.00, Yearly $410.00
- **Non-City**: Monthly $62.00, Yearly $651.00

**Student** (Full-time students ages 15-26. Proof required)
- Monthly $25.00, Yearly $265.00

**Walker Plus** (Includes Walking track, Group Exercise Classes, towel service and locker room)
- **In-City**: Monthly $18.00, Yearly $180.00
- **Non-City**: Monthly $28.00, Yearly $294.00

**Walking Track Only**
For ages 15 and up.
(One price no matter where you live) Yearly $25.00

In-City are residents that pay Mauldin City taxes
Proof of residency maybe required

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**Fitness and Wellness**

**When you become a Full member at MSC you receive a FREE one-hour assessment with a personal trainer who will help you get your fitness routine on the right track. Whether you are a long time exerciser or brand new they will design a program to meet your specific needs. Re-assessments are done every 6-months, upon your request, to help you track your progress.**

**Senior Fitness Classes** are included in Walking Track Membership and marked in red on Group Fitness Schedule.

**We are a Silver Sneakers facility. Look for silver sneaker classes listed in purple. Make an appointment to be shown silver sneaker approved equipment.**

**Family Fitness**
For youth ages 11-14
This class is required so your child can come and workout with you.

**Classes are held:**
By Appointment
You must sign up at the front desk and a parent must accompany the child.

**Indoor Walking Track**
Enjoy the comfort of walking in a safe environment and temperature controlled environment. Our track offers a cushion support system to help reduce pressure on your joints. The outside lane is designated for Runners.

**Equipment Orientation**
A free service we provide to help you learn how to use cardio and universal equipment.
We offer individual and group sessions. See Member Services to make your appointment.

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**Personal Training**
MSC prides itself for having great trainers and we schedule around your needs.
This is an additional fee.

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>1-Session</th>
<th>8-Sessions</th>
<th>12-Sessions</th>
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<tbody>
<tr>
<td><strong>Individual</strong></td>
<td>$35.00</td>
<td>$275.00</td>
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<tr>
<td><strong>Group Training (2 or more)</strong></td>
<td>$20.00</td>
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**Non-member Fees**

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<th>8-Sessions</th>
<th>12-Sessions</th>
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</thead>
<tbody>
<tr>
<td><strong>Individual</strong></td>
<td>$45.00</td>
<td>$355.00</td>
<td>$530.00</td>
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<tr>
<td><strong>Group Training (2 or more)</strong></td>
<td>$30.00</td>
<td>$224.00</td>
<td>$300.00</td>
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</tbody>
</table>

**Specialty Training**
Yoga, Kettle Bells, Sport specific or Rock Climbing
Add $10.00 per Package

PLEASE INQUIRE AT THE FRONT DESK FOR SCHEDULING APPOINTMENTS.

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We are now offering Silver Sneakers

Check your availability at the front desk.

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"like" us on Facebook