

RAY HOPKINS SENIOR CENTER  
POST OFFICE BOX 249  
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MAY 2019

# SENIOR SPIRIT

A Publication of The Ray Hopkins Senior Center

**Center Hours**  
Mon– Fri  
8:30 am–  
4:00 pm

203 Corn Road, Greenville SC 29607 \* 864-234-3488 \* Mailing Address: P O Box 249, Mauldin SC 29662

## TASTE OF OUR TOWN

CHICKEN SALAD  
CHICK

Wed. May 8 –  
12:00 noon  
Cost: \$8.50

We will be enjoying a zesty blend of ranch, bacon, shredded cheddar cheese chicken salad with a side of broccoli salad and pasta salad along with dessert. Money is due by Tuesday, April 30 when you sign up in the office.

## CONSTRUCTION CORNER

Work has begun on the 2 story room which will house our new stairwell and the elevator. During this part of the construction, we will only have access to floors by walking around the building. This work should be complete by fall. In the mean time, come see our new upstairs kitchen and cabinets in the library and office. Jimmy also has a new room in his office.

## BUNKO JAMBOREE

Wed. May 1 from  
12:30–3:30

If you've ever wanted to learn to play BUNKO, this is your chance! Come to our Jamboree and get hands-on experience learning this simple, fast paced dice game. There is no cost for this activity. **SIGN UP ON THE BOARD.**

## DREAM TRIPS 2019

### NEW TRIP JUST ANNOUNCED!

### ATLANTA BOTANICAL GARDENS

May 14–15

Includes Medieval Times, IKEA and dinner at Atlantic Station.

Detailed fliers in the office

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### Trip 1: North Myrtle Beach

May 20–22

### Trip 2: Golden Isles of Georgia

St Simon's, Jekyll and Sea Island  
June 17–June 19

### Trip 3: Outer Banks of NC

Sept 9–12

### Trip 4: Charleston SC

Oct 23–25

### Trip 5: Opryland /Nashville TN

Dec 16–18

Who doesn't want to travel? Stop by the office and pick up fliers of "Dream Trips 2019".

## IN-HOUSE MOVIE

STAN & OLLIE

Thursday, May 9–  
12:30

Set in 1955, two world famous performers attempt to revive their comedy careers with increasingly desperate appearances.

The duo try to ramp up their approach but to no avail. **SIGN UP ON THE BOARD**



**THANKS TO BRENDA LANNING!** Brenda's last class will be Monday, May 20<sup>th</sup>. Come give her a big hug as she steps back to enjoy the summer and some much needed rest.

We would like to introduce our new instructor- Pam Frey who will be taking over the class for Brenda starting Monday, June 3 with an Introduction to Line Dancing Class at 1:30 and the regular class at 2:45

### Introduction to Line Dancing

Have you ever wanted to learn Line Dancing? Maybe you've already tried it, but found the class was too difficult. If that was the case, then this is the class for you! **Introduction to Line Dancing** is a class for people who want to learn the basic line dance steps at a slower pace. The class will run for 12 weeks (June 3<sup>rd</sup> to August 26) and by the end of the session, you will have the skills necessary to join the Beginner 1 Line Dance class. New people will not be accepted into this class after the 2<sup>nd</sup> week. If you wish to sign up for this class or have any questions, please contact the instructor, **Pam Frey**, at [nanafrey05@gmail.com](mailto:nanafrey05@gmail.com) or call her at 864-288-3722.

No class the 3<sup>rd</sup> week of every month.

## THE 62+ DREAM HOME PURCHASE PROGRAM \*\* Tuesday, May 21 – 11:00 am

Home buyers have 3 ways to buy their next home. They can use traditional financing with a mortgage payment. They can pay 100% cash and not have a mortgage payment. They can pay about 60% cash and not have a mortgage payment. Come learn about this 3<sup>rd</sup> option, how it dramatically increases your purchasing power and how to qualify. If you or your spouse are at least 62, then the FHA-insured H4P program can help you purchase the home you really want and keep more money available in reserve.

**SIGN UP ON THE BOARD.**

## MILL TOWN PLAYERS present...FIRST BAPTIST OF IVY GAP

Thurs. June 6- vans will leave the center at 6:30 pm \* Cost: \$12.00 due by Tues. May 28

A Southern comedy about six ladies who gather during WWII to roll bandages and plan the church's 75<sup>th</sup> anniversary Celebration. Twenty Five years later, the "First Baptist Six" reunite. Please eat dinner prior to show. **SIGN UP IN THE OFFICE.**



**SEWING**

Wednesday, May 15 – 10:00 am \* Cost: \$15.00  
Joann will show us how to create an Eyelet Summer Wrap and Summer Fabric Coaters. All materials provided. SIGN UP IN THE OFFICE. WHEN YOU PAY.

**JEWELRY MAKING**

Monday, May 13 – 12:00 noon  
Cost: \$5.00  
We will make a double strand, colorblock necklace. All material provided. SIGN UP IN THE OFFICE WHEN YOU PAY

**BUNKO**

Tuesday, May 7 and Thursday, May 30 – 12:30  
Pay \$1.00 when you sign up and \$1.00 when you come to play. SIGN UP IN THE OFFICE.

**TECHNOLOGY 101**

Introduction to Technology

Tuesdays, May 7, 21 & 28  
1:30 pm

*Instructor: Bill Vicary of Just Call Bill & Sponsored by: Brookdale Cleveland Park.* This program will cover a multitude of benefits that technology can provide including entertainment, communication, transportation, education, health, safety and wellness, finances and banking, and more! SIGN UP ON THE BOARD.

**BEGINNER PICKLEBALL**

on Wednesdays from  
1:00 – 3:45

**SKILLED PLAY** on Tuesdays & Thursdays from 1:00 – 3:45 and Fridays from 10:30 – 3:45

**NATIONAL SENIOR HEALTH & FITNESS DAY- & SHOP-N-SWAP COMBINED !**

Wednesday, May 29- 10:00- 1:00- DOWNSTAIRS

Representatives from Humana, Silver Sneakers, Cora Balance, Walgreens, and many others will be here to tell us all of the known and unknown benefits that we can enjoy. We will have a healthy cooking demonstration, games, guest speakers, exercise demonstrations and Pickleball exhibitions. It will be a fun day with lots of things to take home with you. Sign up on the board so we'll know how many to prepare for. Refreshments will be provided because we intend for you to arrive at 10:00 and stay and play and learn with us until we announce door prize winners at 1:00. Invite your 55+ friends and neighbors.

COME BY THE OFFICE FOR A DETAILED FLIER - SIGN UP ON THE BOARD!

**KAYAK THE FRENCH BROAD**

Tuesday, June 4 & Tuesday, July 23- Vans will leave the center at 9:00 am  
Cost: \$45.00 pp bring your lunch or buy it from the food truck.

We are traveling to Headwaters Outfitters in Rosman to start our adventure on the French Broad River. We will rent one person kayaks which come with paddles and jackets. It is a 3 hour, self guided trip. There will be at least two people who have extensive river experience. This is an easy float trip down a slow moving river. You need to dress for the weather and bring a change of dry clothes and towel. You must wear water shoes or old sneakers that tie (No flip flops) You must be able to swim. If you are looking for an easy adventure , this is the one! SIGN UP IN THE OFFICE. Money due by May 21 & July 16

**GREENVILLE DRIVE BASEBALL GAME**

Thurs. May 2 & Monday, June 10- vans will depart at 6:15 pm  
Cost: \$11.00 Money due by April 30 and June 4

It's summertime and there's no better way to celebrate than an All-American Baseball game. Join us to see the Greenville Drive take on the Hickory Crawdads at Flour Field for both games in beautiful downtown Greenville. It's dollar drink night and those go well with hot dogs and ice cream. Stretch to Sweet Caroline and enjoy the game. Our seats are under the shelter and close to the restrooms and food. SIGN UP IN THE OFFICE

**LAKE JOCASSEE PONTOON TOUR AND PICNIC LUNCH**

Thursdays, May 9, June 13 & July 18 \$ due by April 30 for 1st trip  
Cost: \$30.00 for the Pontoon Tour (Check or Cash) \* \$3.25 for the park entrance (Cash Only)

We will leave at 8:00 am for a 10:00 am pontoon tour of beautiful Lake Jocassee. Every tour of Lake Jocassee is uniquely special. After the tour we will head to the picnic shelter for a yummy lunch. We will provide the fried chicken, drinks and paper products. Bring your favorite dish to share with 6-8 people. SIGN UP IN THE OFFICE.

NO YOGA ON THURSDAY, MAY 23

**LADIES TEA**

Thursday, May 23 – 2:00 pm  
MEET THE AUTHOR: Sally Handley, Writer, Gardener, Sister in Crime \*\* Cost: \$3.00

Join us as Sally Handley, President of the Upstate South Carolina Chapter of Sisters in Crime (SinC), talks to us about her Holly and Ivy cozy mystery series. Sally's sleuths are middle-aged, sisters who are gardeners. When they are reluctantly drawn into a murder investigation, both find inner strength and renewed purpose, experiencing a renaissance at an age when many choose to accept the limitations of aging. SIGN UP IN THE OFFICE AND LET US KNOW IF YOU WANT FRUIT OR CAKE.

**BINGO AT MSC**

**SPEEDY BINGO**-Friday, May 3 – 12:30- Bring \$ 3.00 to play  
**SOMEKINDABINGO**- Friday, May 17 – 12:30- Bring \$3.00 to play  
**COVERED DISH BINGO** –Tues, May 21 – 12:30- Bring \$3.00 and a dish to share with 6-8 people.  
**PATRIOTIC BINGO** – Friday, May 31 – 12:30- Bring \$3.00 to play and wear your Red, White & Blue.



SIGN UP ON THE BOARD FOR ALL BINGO'S

ALL ART CLASSES ARE TEMPORARILY CANCELLED.

Mon	Tue	Wed	Thu	Fri
<p><b>CHESS</b>— Monday's at 12:00 noon <b>CASUAL BRIDGE</b>— time changed to THURSDAYS at 12:30 <b>PINOCHLE</b>— 12:00 Mondays</p>		<p>9:00 EXERCISE 9:00 MAH JONGG 10:00 LIFE STORY—LAST 10:00 CORNHOLE 12:00 CHAIR YOGA 12:00 POKER 12:30 BUNKO JAMBOREE 12:30 CROCHET 1:00 P-BALL 1:00 QUILT / PHASE 10</p>	<p>2 9:45 HISTORY TOUR 10:00 PHASE 10 10:00 YOGA 11:00 BIBLE STUDY 11:15 TAI CHI 12:30 CASUAL BRIDGE 1:00 RUMMY 1:00 P-BALL 6:15 BASEBALL GAME</p>	<p>3 9:00 EXERCISE 10:00 RUMMIKUB 10:00 BIRTHDAY PARTY 10:30 P-BALL 12:30 SPEEDY BINGO 12:30 DOMINOES 1:00 BRIDGE</p>
<p>6 9:00 EXERCISE 9:00 CANASTA 10:00 CORNHOLE 10:30 HAND &amp; FOOT 11:00 RUG HOOKING 12:00 CHESS 12:00 PINOCHLE 1:00 PAINTING / BRIDGE 1:30 YOGA 2:45 LINE DANCING</p>	<p>7 10:15 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 BUNKO 12:30 MAH JONGG 12:30 DOMINOES 1:00 P-BALL 1:30 TECHNOLOGY 101</p>	<p>8 9:00 EXERCISE 9:00 MAH JONGG 10:00 CORNHOLE 12:00 TASTE OF TOWN 12:00 CHAIR YOGA 12:00 POKER / KNIT 12:30 CROCHET 1:00 PHASE 10 1:00 P-BALL</p>	<p>9 8:00 JOCASSEE 10:00 PHASE 10 10:00 YOGA 11:00 BIBLE STUDY 11:15 TAI CHI 12:30 MOVIE 12:30 CASUAL BRIDGE 1:00 RUMMY</p>	<p>10 9:00 EXERCISE 10:00 RUMMIKUB 10:30 P-BALL 12:30 DOMINOES 1:00 BRIDGE</p>
<p>13 9:00 EXERCISE 9:00 CANASTA 10:00 CORN HOLE 10:30 HAND &amp; FOOT 12:00 CHESS 12:00 JEWELRY CLASS 12:00 PINOCHLE 1:00 PAINTING / BRIDGE 1:30 YOGA 2:45 LINE DANCING</p>	<p>14 ATLANTA 10:15 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 MAH JONGG 12:30 DOMINOES 1:00 P-BALL</p>	<p>15 ATLANTA 9:00 EXERCISE 9:00 MAH JONGG 10:00 CORNHOLE 10:00 SEWING 12:00 CHAIR YOGA 12:00 POKER 12:30 CROCHET 1:00 P-BALL</p>	<p>16 10:00 PHASE 10 10:00 YOGA 11:00 BIBLE STUDY 11:15 TAI CHI 12:30 CASUAL BRIDGE 1:00 RUMMY 1:00 PICKLE BALL</p>	<p>17 9:00 EXERCISE 10:00 RUMMIKUB 10:30 P-BALL 12:30 DOMINOES 12:30 SOMEKINDABINGO 1:00 BRIDGE</p>
<p>20 9:00 EXERCISE 9:00 CANASTA 10:00 PHOTO 10:00 CORN HOLE 10:30 HAND &amp; FOOT 11:00 RUG HOOKING 12:00 PINOCHLE 12:00 CHESS 1:00 BRIDGE / PAINTING 1:30 YOGA 2:45 LINE DANCING</p>	<p>21 10:15 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 C D BINGO 12:30 MAH JONGG 12:30 DOMINOES 1:00 P-BALL 1:30 TECHNOLOGY 101</p>	<p>22 9:00 NEWSLETTERS 9:00 EXERCISE 9:00 MAH JONGG 10:00 CORNHOLE 11:00 BOOK SOCIAL 11:00 CHAIR YOGA 12:00 POKER 12:30 CROCHET 1:00 P-BALL 1:00 QUILT/ PHASE 10</p>	<p>23 10:00 NO YOGA 10:00 PHASE 10 11:00 BIBLE STUDY 11:15 TAI CHI 12:30 CASUAL BRIDGE 1:00 500 RUMMY 1:00 P-BALL 2:00 LADIES TEA</p>	<p>24 9:00 EXERCISE 9:00 TEDDY BEARS 10:00 RUMMIKUB 10:30 P-BALL 11:00 TB SOCIAL 11:30 TB LUNCH 12:30 DOMINOES 1:00 BRIDGE</p>
<p>27 CLOSED FOR MEMORIAL DAY</p>	<p>28 10:15 TAI CHI 11:00 BEG. MAH JONGG 11:30 YOGA 12:30 MAH JONGG 12:30 DOMINOES 1:00 P-BALL 1:30 TECHNOLOGY 101</p>	<p>29 9:00 EXERCISE—UP 9:00 MAH JONGG 10—1:00 Sr. Health &amp; Fitness Day—Downstairs 10:00 NO CORNHOLE 12:00 CHAIR YOGA—UP 12:00 POKER—UP 12:30 CROCHET 1:00 NO P-BALL</p>	<p>30 10:00 YOGA 10:00 PHASE 10 11:00 BIBLE STUDY 11:15 TAI CHI 12:30 BUNKO 12:30 CASUAL BRIDGE 1:00 500 RUMMY 1:00 P-BALL</p>	<p>31 9:00 EXERCISE 10:00 RUMMIKUB 10:30 P-BALL 12:30 PATRIOTIC BINGO 12:30 DOMINOES 1:00 BRIDGE</p>